

**Due to the COVID-19 situation, many people are experiencing financial distress due to job loss or layoffs.**

**If you answer often true or sometimes true to either of the questions below, please consider utilizing our local food pantries to help you. See the attachments for further information.**

Within the past 12 months we worried whether our food would run out before we got money to buy more.

- Often true
- Sometimes true
- Never true

Within the past 12 months the food we bought just didn't last and we didn't have money to get more.

- Often true
- Sometimes true
- Never true

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**Debido a la situación de COVID-19, muchas personas están experimentando dificultades financieras debido a la pérdida de empleos o despidos.**

**Si responde a menudo verdadero o, a veces, verdadero a cualquiera de las preguntas a continuación, considere utilizar nuestras despensas de alimentos locales para ayudarlo. Vea los archivos adjuntos para más información.**

En los últimos 12 meses, nos preocupaba que nuestra comida se agotara antes de comprar más.

- Seguido
- Algunas veces
- Nunca

En los últimos 12 meses, la comida que compramos se nos terminó y no tuvimos dinero para comprar más.

- Seguido
- Algunas veces
- Nunca



# McHenry County Food Pantries

**\*Indicates site will assist anyone outside their community one time.**

## ALGONQUIN/LITH

### **Algonquin/LITH Interfaith Food Pantry\***

1113 Pyott Rd, LITH  
847-854-1904/alith-foodpantry.org  
Tuesday & Thursday 9:30am – 11:30am  
1<sup>st</sup> & 3<sup>rd</sup> Saturday 9:30am – 11:30am  
Proof of address required. Serving Algonquin and LITH.

## CARY

### **Cary Grove Food Pantry\***

St. Barnabas Lutheran Church  
8901 S Cary Algonquin Rd, Cary  
847-516-3602/cgfoodpantry.org  
Tuesday & Thursday 4:00pm - 6:00pm  
1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Saturday 9:00am - 11:00am  
Photo ID and current proof of address required. Serving Cary,  
Fox River Grove, Oakwood Hills, LITH and Algonquin.

## CRYSTAL LAKE

### **Crystal Lake Food Pantry \***

42 East St, Crystal Lake  
815-455-0961/clfoodpantry.org  
Monday, Wednesday & Friday 10:00am - 2:00pm  
Thursday 5:00pm - 7:00pm, Sat 9:00am -12:00pm  
Photo ID and proof of address required. Serving Crystal Lake  
School District 47 & 155.

### **First Church Mobile Food Pantry**

236 W Crystal lake Ave, Crystal Lake  
Mobile pantry one Saturday a month  
1:30pm - 3:30pm  
Check dates at [clumc.org/food-ministries](http://clumc.org/food-ministries)  
No restrictions on area served

### **Harvest Bible Chapel**

580 Tracy Trail, Crystal Lake  
847-398-7005  
[harvestbiblechapel.org/ministries/food-pantry](http://harvestbiblechapel.org/ministries/food-pantry)  
Saturday 9:00am - 11:00am  
No restrictions on area served

### **First Church Food Truck**

Algonquin Township Building  
3702 US Highway 14, Bldg 6B, Crystal Lake  
847-809-3331/[clumc.org/food-ministries](http://clumc.org/food-ministries)  
Friday 1:30pm - 4pm (Do not arrive before 1:30pm)  
No dogs allowed in cars  
No restrictions on area served

## **The Salvation Army of McHenry County**

290 W Crystal Lake Ave, Crystal Lake  
815-455-2769  
[centralusa.org/salvationarmy.org/mchenry](http://centralusa.org/salvationarmy.org/mchenry)  
Monday & Friday 1:00pm - 3:00pm  
Serving all McHenry County residents.

## **12 Baskets Share Center**

Calvary Church  
5906 S Route 31, Crystal Lake  
815-459-4456/calvarycl.com/outreach  
Call to verify times  
Serving all McHenry County residents.

## HARVARD

### **Harvard Community Food Pantry\***

6817 Harvard Hills Rd, Harvard  
Tuesday 9:30am - 11:30am & 1:30pm - 5:00pm  
815-943-4909  
Serving 60033 zip code

## **New Life Pentecostal Church**

308 N. Division Street, Harvard  
Wed. 6 pm - 7:00 pm  
815-670-6857 Serving Harvard

## HEBRON

### **Hebron Community Food Pantry**

Hebron Township Building  
10206 Seaman Rd, Hebron  
815-790-7267  
1<sup>st</sup> and 3<sup>rd</sup> Thursday 2:00pm - 4:00pm  
Photo ID and current proof of address required. Serving  
Alden-Hebron School District.

## HUNTLEY

### **Grafton Food Pantry\***

11481 Allison Court, Huntley  
847-495-0922/[graftonfoodpantry.org](http://graftonfoodpantry.org)  
Monday 4:00pm - 7:00pm  
Wednesday and Friday 1:00pm - 4:00pm  
Photo ID and current proof of address required. Serving  
Huntley, portions of LITH, Algonquin, Village of  
Lakewood and Crystal Lake

## Island Lake

### **Faith Acres Foundation Food Pantry**

215 East State Road Unit H, Island Lake  
By app't only  
815-669-0188  
Serving all McHenry and Lake County residents

May 15, 2020

# McHenry County Food Pantries

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## MARENGO

### **Sharing Center**

First Presbyterian Church  
203 W Washington St, Marengo  
815-568.7441  
Tuesday 12:30pm - 2:30pm  
Serving all McHenry County residents.

### **Marengo Area Outreach Enterprise (MORE)\***

829 Greenlee St, Marengo  
815-568-7950/marengomorecenter.org  
Wednesday 9:00am - 12:00pm, Thursday 4:00pm - 6:30pm  
Proof of income and current address required. Serving  
Marengo and Union (Marengo High School District).

## MCHENRY

### **Casa de Vida**

4513 Front Royal Dr, McHenry  
708-856-5256  
Thursday 3:00pm - 5:30pm  
Serving all McHenry County residents.

### **McHenry FISH Food Pantry\***

3515 N Richmond Rd, McHenry  
815-344-4717/fishofmchenry.org  
Tuesday and Thursday 9:00am - 11:30am  
3<sup>rd</sup> Tuesday 4:30pm - 6:30pm  
Photo ID and current proof of address required. Serving  
Johnsburg, McHenry and Ringwood.

## RICHMOND

### **Richmond/Spring Grove Food Pantry\***

5512 May Ave, Richmond  
815-678-4351/815-236-1471  
Mon, Wed, Fri by appt only  
<http://springgrovevillage.com/community-groups/fo3dpantry>

## SPRING GROVE

### **Northern IL Helping Hands\***

2502 Spring Ridge Dr, Suite B, Spring Grove  
815-245-7345  
Tuesday and Thursday 4:00pm - 6:30pm  
Serving Spring Grove and surrounding areas.

## For More Information and Resources on COVID-19:

[www.MCDH.info](http://www.MCDH.info)

May 15, 2020

## WAUCONDA

### **Wauconda/Island Lake Food Pantry\***

505 W Bonner Rd, Wauconda  
847-526-8684/wilfp.org  
Monday - Saturday 10:00am - 12:00pm  
Tuesday and Thursday 4:30pm - 6:00pm  
Serving District 118. Photo ID, utility bill and referral from  
Wauconda Township required.

### **Big Table**

26283 M. Rt. 59, Wauconda  
815-669-0188 By appointment only.  
Serving McHenry and Lake County residents

## WONDER LAKE

### **Neighbors Food Pantry of Wonder Lake\***

Nativity Lutheran Church  
3506 E Wonder Lake Rd, Wonder Lake  
815-355-5459/wlnfp.org  
Wednesday 10:00am - 12:00pm  
Thursday 8:00am - 11:00am  
Proof of current address required. Serving Wonder Lake,  
Ringwood, Greenwood and Woodstock.

## WOODSTOCK

### **Woodstock Bible Church**

770 Kimball Ave, Woodstock  
815-338-3006/woodstockbiblechurch.org  
Sunday 11:15am - 1:15pm  
Serving all McHenry County residents

### **Woodstock Food Pantry\***

1033 Lake Ave, Woodstock  
815-337-0375  
Monday, Wednesday & Friday 9:00am - 3:00pm  
ID and proof of current address required. Serving district  
200.

### **Helpful links:**

- **Find more Food Pantries in the area:**

<https://solvehungertoday.org/get-help/where-to-get-food/>

- **WIC (Women, Infants, and Children):**

<https://www.mchenrycountyil.gov/county-government/departments-a-i/health-department/public-health-nursing/maternal-child-health-services/wic-women-infants-and-children>

### **Need help now?**

<https://www.findhelp211.org> OR dial 2-1-1

## ***USDA Supplemental Nutrition Assistance Program (SNAP)***

SNAP provides nutrition benefits to supplement the food budget of families in need so they can purchase healthy food and move towards self-sufficiency. In Illinois it is sometimes known as LINK or Food Stamps.

For information on SNAP visit the website at

<https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>

***For assistance with enrolling in the SNAP program, contact one of the following agencies:***

### **Northern Illinois Food Bank:**

Call Barbara at 224-407-1836 (*English*) or 844-600-7627 (*Spanish*)

### **McHenry Community Health Center in McHenry:**

To schedule an appointment with a health benefit specialist, call 815-363-9900 x 2102 or email [healthbenefits@gefcc.org](mailto:healthbenefits@gefcc.org). They can also assist with enrollment in Medicaid and the Health Insurance Marketplace.

### **Community Health Partnership in Harvard:**

Call Melissa Galvez at 815-943-4339 or email: [mgalvez@chpofil.org](mailto:mgalvez@chpofil.org). They can also assist with enrollment in Medicaid and the Health Insurance Marketplace.

### **Aunt Martha's Health and Wellness in Woodstock:**

708-921-8642 or visit their website at <https://www.auntmarthas.org/enrollme/>

Will offer direction for SNAP through the <https://abe.illinois.gov/abe/access/> website. Aunt Martha's Health and Wellness will also assist with enrollment in Medicaid.

May 11, 2020



## ***USDA Programa de Asistencia Supplemental de Nutricion (SNAP)***

SNAP proporciona ayuda para suplementar beneficios nutricionales y de presupuesto a familias necesitadas para comprar comida saludable y moverse a una autosuficiencia. In Illinois se conoce algunas veces como LINK o Estampillas de comida.

Para informacion de SNAP visite the website at  
<https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>

**Para ayuda de como registrarse oficialmente en el programa de SNAP contacte una de las siguientes agenciass:**

### **Banco de comida Northern Illinois:**

Llame a Barbara at 224-407-1836 (*Ingles*) or 844-600-7627 (*Espanol*)

### **Centro de salud para la comunidad en McHenry:**

Para hacer una cita con u n especialista de beneficios de salud: 815-363-9900 x 2102 o mande correo electronico a [healthbenefits@gefcc.org](mailto:healthbenefits@gefcc.org).  
Tambien pueden ayudar a registro con Medicaid y al Mercado de seguro de salud.

### **Asociacion de salud para la comunidad (Community Health Partnership) en Harvard:**

Llame a Melissa Galvez at 815-943-4339 or correo electronico: [mgalvez@chpofil.org](mailto:mgalvez@chpofil.org). Tambien puede ayudar con registro en Medicaid y al Mercado de seguro de salud.

### **Tia Marthas para salud y bienestar en Woodstock:**

708-921-8642 or visite su pagina de internet  
<https://www.auntmarthas.org/enrollme/>

Ofrecemos direccion para SNAP atravez de <https://abe.illinois.gov/abe/access/> website. Tia Martha's salud y bienestar tambien ayuda con el registro para Medicaid.

May 11, 2020



# WIC Here for *You* During COVID-19



## WIC is Open

Services and office hours may look different, with many offices offering phone services and curbside pick-up of WIC benefits.



## WIC Serves

Pregnant, breastfeeding and postpartum women, infants, and children up to 5.



## WIC Offers Nutritious Foods

Women and Children  
1-5 years old

Whole wheat bread and tortillas, cereal, milk, eggs, cheese, peanut butter, beans, and fruit and vegetables.

Breastfeeding Infants

Infant cereal and jarred infant fruits, vegetables, and meats.

Non-breastfed Infants

Formula, infant cereal, and jarred infant fruits and vegetables.



## WIC Staff Provide

Breastfeeding support, nutrition education and referrals to various community resources.



## Qualify for SNAP?

You may be eligible for WIC too!



## Don't Qualify for SNAP?

You may still qualify for WIC, check out our income guidelines:

Family Size	Weekly	Monthly	Yearly
1	\$445	\$1,926	\$23,107
2	\$602	\$2,607	\$31,284
3	\$759	\$3,289	\$39,461
4	\$917	\$3,970	\$47,638
5	\$1,074	\$4,652	\$55,815
6	\$1,231	\$5,333	\$63,992
For each additional family member add	\$158	\$682	\$8,177



To find a clinic near you: <http://bit.ly/WICOfficeLocator>

Or call the automated office locator line:

1-800-323-4769 (voice) 1-866-295-6817 (TTY)

WIC does not require proof of citizenship or immigration status.

*This institution is an equal opportunity provider.*



# WIC aquí para usted durante COVID-19



## WIC esta abierto

Servicios y las horas de oficina pueden verse diferentes, con muchas oficinas que ofrecen servicios telefónicos y la recogida en la acera de los beneficios de WIC.



## WIC atiende a

Mujeres embarazadas, lactantes y posparto, bebés y niños de hasta 5 años.



## WIC ofrece alimentos nutritivos

Mujeres y niños  
1-5 años de edad

Pan integral y tortillas, cereales, leche, huevos, queso, mantequilla de maní, frijoles y frutas y verduras.

Bebés amamantados

cereales para bebés y frutas, verduras y carnes en frasco.

Fórmula para bebés  
no amamantados

cereales para lactantes y frutas y verduras envasadas.



## El personal proporciona WIC

Apoyo a la lactancia materna, educación nutricional y referencias a diversos recursos comunitarios.



## ¿Califica para SNAP?

Usted puede ser elegible para el programa WIC también



## ¿No calificas para SNAP?

Usted todavía puede calificar para el programa WIC, echa un vistazo a nuestras pautas de ingresos:

Tamaño de la familia	Semanal	Mensual	Anual
1	\$445	\$1,926	\$23,107
2	\$602	\$2,607	\$31,284
3	\$759	\$3,289	\$39,461
4	\$917	\$3,970	\$47,638
5	\$1,074	\$4,652	\$55,815
6	\$1,231	\$5,333	\$63,992
Por cada adicional miembro de la familia agregar	\$158	\$682	\$8,177

Para encontrar una clínica cerca de usted:

**<http://bit.ly/WICOfficeLocator>**

O llame a la línea automatizada de localización de oficinas:

1-800-323-4769 (voz) 1-866-295-6817 (TTY)

WIC no requiere prueba de ciudadanía o estado migratorio.

*Esta institución es un proveedor de igualdad de oportunidades.*