NUTRITIOUS LUNCH MENU

WEEK OF 5/7/12 to 5/11/12

**Monday:** Cheese ravioli, fresh frozen broccoli, peaches in lite syrup and milk

**Tuesday:** Turkey meatballs with gravy, whole wheat stuffing, fresh frozen carrots, pineapples in natural syrup and milk

**Wednesday:** Whole wheat English muffin pizzas, fresh frozen zucchini, mandarin oranges in lite syrup and milk

**Thursday:** Grilled chicken tenders, steamed brown rice, fresh frozen peas, pears in natural syrup and milk

**Friday:** Fish sticks with 100% Pollack, whole wheat roll, fresh frozen green beans, applesauce and milk