

2024 RESOURCE DIRECTORY

www.mchenry.edu/pin

PEOPLE IN NEED FORUM

The People in Need Forum (PIN) is held the last Saturday in January each year at McHenry County College.

The public is invited to PIN to learn about the abundance of resources and support available in McHenry County for themselves and for others. The Forum features agency tables, informational sessions, and more. PIN is free and open to the public.

Learn more at www.mchenry.edu/pin

BROUGHT TO YOU BY:

- 22nd Judicial Specialty Courts Allendale Association Community Foundation for McHenry County Friends of McHenry County College Foundation Harvard Community Senior Center Independence Health and Therapy McHenry County Board McHenry County College
- McHenry County Department of Health McHenry County Mental Health Board National Alliance on Mental Illness Northern Illinois Special Recreation Association Resurrection Church

THANK YOU TO OUR SPONSORS:











The Church of

Holy Apostles





Rotary Club of Crystal Lake

DAWNBREAKERS



We do our best to update the PIN Directory with accurate information. If you see an error, please contact us at peopleinneed@mchenry.edu.





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A Way Out - New Directions Addiction Recovery Ser	vices (815) 347-0385
Alcoholics Annonymous	
Alzheimer's Association 24/7 Helpline	(800) 272-3900
Child Abuse	(800) 252-2873
Elder Abuse	(800) 252-8966/(815) 356-7457
Families Anonymous	(800) 736-9805
Gambler Helpline 24/7	(800) GAMBLER
Gambling Anonymous	(888) 548-2790
Illinois Warm Line: Peer and Family Support by Telephone for mental health or substance abuse	<u>(</u> 866) 359-7953
McHenry County Mobile Crisis Response	(800) 345-9049
Narcotics Anonymous	
National Call Center for Homeless Veterans	1-877-4AID-VET
National Human Trafficking Hotline	
National Sexual Assault Hotline, RAINN	(800) 656-4673
Suicide and Crisis Lifeline	
Turning Point Domestic Violence	(815) 338-8081/ (800) 892-8900

ADVOCACY AND SUPPORT SERVICES

1st Way Life Center

Mon–Thu: 9:00 a.m. – 4:00 p.m., Fri: 9:00 a.m. – 12:00 p.m.

(815) 385-2999

3714 Fairview Ave., Johnsburg, IL 60051 www.1stwaymchenry.com life@1stwayjohnsburg.com

What we do: We provide education, information and assistance to women and girls who find themselves in an unplanned pregnancy. We provide prenatal, child development and parenting education. We hold weekly moms support group meetings. We provide maternity clothes, infant clothes, diapers, formula, and additional items for babies and children. We provide referrals for medical, financial, and other assistance as needed.

Who we serve: Women and girls in McHenry County and surrounding areas.

Eligibility Requirements: Pregnant and/or recently gave birth, no income verification.

Other Languages Offered: Spanish service and interpreter available. **Fees/Insurance:** All services are free.

Action SEL

Contact us on our website 24/7 at actionsel.com. We will connect within 24 hours.

(773) 294-4692

9313 Beaver Pond Ct., Village of Lakewood, IL 60014 www.actionsel.com lesleykd@hotmail.com

What we do: Action SEL is committed to confronting the challenges many youth face to develop their strengths through positive experiences with our client-focused approach.

Who we serve: We serve challenged youth, families, and local communities in McHenry County, and the surrounding areas.

Eligibility Requirements: We welcome all people to contact Action SEL to understand your needs, and refer you to the appropriate resources. Visit actionsel.com to complete a contact form.

Other Languages Offered: There are resources we can offer to connect with language support.

Fees/Insurance: N/A

Alzheimer's Association

(815) 481-1302

1111 St. Alpine Rd., Suite 307, Rockford, IL 61108 www.alz.org/illinois amzei@alz.org

What we do: The Alzheimer's Association leads the way to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Who we serve: Those living with or caring for someone with Alzheimer's or other dementias.

Eligibility Requirements: None

Other Languages Offered: Over 200 languages

Fees/Insurance: None

American Brain Tumor Association

Mon–Fri, Please call

(773) 577-8750 Care Line: (800) 886-2282 8550 W. Bryn Mawr Ave., Suite 550, Chicago, IL 60631 www.abta.org info@abta.org

What we do: Non-profit organization that funds brain tumor research and provides educational/support services to people diagnosed with a brain tumor. We provide Social Support Services, Information, Resources, Educational, Programming, Research Grants

Who we serve: Brain tumor patients, loved ones, researchers

Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: None

Blessing Barn

First Sat of every month 9:00 a.m. – 12:00 p.m.

(815) 382-0206

8310 Railroad St., Crystal Lake, IL 60012 www.blessingbarn.org jpiggott@blessingbarn.org

What we do: Take in goods from the community such as clothing, coats, shoes, toys, books linens, and small household items and give these same things away

Who we serve: Anyone in McHenry County who considers themselves in need: unemployed, single moms and dads, etc.

Eligibility Requirements: Anyone in need.

Other Languages Offered: Interpreters when available Fees/Insurance: None

BraveHearts Therapeutic Riding & Educational Center

Private and group sessions available. Please call for more information. Open Mon – Sat.

(815) 943-8226

7319 Maxon Rd., Harvard, Illinois, 60033 braveheartsriding.org services@braveheartsriding.org

What we do: BraveHearts, located in Harvard and Poplar Grove, IL, offers equine-assisted services to child, adults, military veterans and their families with various diagnoses as an inclusive, adaptive, recreational activity and therapeutic approach to address the needs of individuals, as a means to psychological and physical health, recovery, wellness, and leisure. BraveHearts also offers a year-round outpatient clinic providing occupational, speech, physical and mental health therapies both in a clinical setting and using the horse as a treatment tool.

Who we serve: In addition to serving children and adults, BraveHearts provides innovative services to meet the needs of our veterans and their families

Eligibility Requirements: Completed paperwork including a physician's release.

Other Languages Offered:

Fees/Insurance: For Hippotherapy BraveHearts accepts specific insurance companies. BraveHearts also offers discounted cash services as well as hardship assistance to families who have need and qualify for assistance. Insurance is not accepted for therapeutic riding, but BraveHearts does offer scholarships for families that apply. Veterans and their families ride at no cost to them.

CARE Center, A Satellite of Northwest Center Against Sexual Assault

24/7 crisis intervention, 24/7 medical and legal advocacy, counseling by appointment

(815) 671-4004 24/7 Hotline: (847) 802-8890

4508 W. Prime Pkwy., McHenry, IL 60050 www.nwcasa.org office@nwcasa.org

What we do: We are the only rape crisis center serving the McHenry County area. All our services are FREE. We provide 24/7 crisis intervention through the McHenry County Crisis Line. We provide 24/7 medical advocacy at local hospitals as well as 24/7 legal advocacy at McHenry County police departments. Legal advocacy also includes court accompaniment and support and assistance in obtaining protective orders. We provide counseling services in English and Spanish for ages 3 on up. Counseling services are provided for both survivors and significant others, as well as individuals, couples, and families. We also provide professional trainings.

Who we serve: All of McHenry County

Eligibility Requirements: Sexual assault/abuse survivors and their significant others

Other Languages Offered: Spanish

Fees/Insurance: None

Catholic Charities, Diocese of Rockford

Mon–Fri: 8:00 a.m. – 4:00 p.m.

(815) 344-6956

5141 W. Bull Valley Rd., McHenry, IL 60050 www.catholiccharities.rockforddiocese.org catholiccharities@rockforddiocese.org

What we do: Catholic Charities responds in the spirit of compassion to individuals, families and communities by offering the following services: Counseling Services, Emergency Assistance, Bilingual Outreach Services, Pregnancy & Parenting Services, Adolescent Outreach, HIRE - Helping Individuals Regain Employment, Human Trafficking & Domestic Violence Awareness & Education, Immigration Services, Refugee Resettlement, and Post-Adoption Search.

Who we serve: All ages; depends on need and program requirements.

Eligibility Requirements: Dependent upon the individual program.

Other Languages Offered: Spanish upon request.

Fees/Insurance: No fee for most services. Sliding fee scale is available for Counseling; fees are charged for Immigration Services. **Faith Based*

Celebrate Recovery at Evangelical Free Church of Crystal Lake

Every Fri night from 7:00 p.m. – 9:00 p.m.

(815) 459-1095 575 E. Crystal Lake Ave., Crystal Lake, IL 60014 www.efccl.org info@efccl.org

What we do: A Christ-centered 12 step recovery program. This not just for addicts and alcoholics. It's safe place to deal with lifes hurts, hangups, or habits.

Who we serve: Adults and we have a kids program for ages 5-13

Eligibility Requirements: None

Other Languages Offered: None

Fees/Insurance: None

*Faith Based

Citizen's Climate Lobby

Every Fri night from 7:00 p.m. - 9:00 p.m.

(815) 404-7050

kdrecycle@gmail.com

What we do: CCL is a national and international organization. The goal is to reduce our risks from the harmful effects of climate change by contacting our members of congress and encouraging them to support legislation to reduce emissions. CCL seeks solutions that address the root causes of climate change and in doing so, address a broad range of social, racial and environmental injustices.

Who we serve: McHenry County Chapter of CCL seeks to involve local people in this endeavor. We are currently partnering with Environmental Defenders of McHenry County in tabling presentations throughout the county, focusing on lower income households. We are trying to promote clean renewable energy. through electrification and efficiency. We are educating citizens on the benefits of the Inflation Reduction Act which provides financial incentives, (rebates and tax credits), to electrify their homes and apartments.

Eligibility Requirements: None

Other Languages Offered: None

Fees/Insurance: None

Common Ground Community Rescue Network

24/7 by text or e-mail. Mon–Sun: 11:00 a.m. – 2:00 p.m. for calls.

(708) 502-3000

P.O. Box 416, Elgin, IL 60120 www.commonground-crn.org connect@commonground-crn.org

What we do: Helping people and pets experiencing a critical crisis is what we do. A 501(c)(3) public charity and animal rescue organization building a bridge between despair and Hope. A 100% volunteer-focused team that focuses on 4 areas of charity support through our C.A.R.E. programs: Community, Advocacy, Rescue and Education from human to animals. And, a foster-based animal rescue with temporary transition, short/long-term animal placement as foster homes are available.

Who we serve: Animal Shelters/Public, Homeless, Seniors, Veterans Eligibility Requirements: Case-by-Case basis based upon our resources and ability to provide proper aid at that given point.

Other Languages Offered: N/A

Fees/Insurance: N/A

Consumer Credit Counseling Service of Northern Illinois, Inc.

Mon–Thu: 8:30 a.m. – 5:00 p.m., Fri: 8:30 a.m. – 4:00 p.m. Evenings and Saturdays are available by appointment

(815) 338-5757

13707 W. Jackson St., Suite B, Woodstock, IL 60098 www.illinoiscccs.org info@illinoiscccs.org

What we do: Credit and Debt Counseling and Education, Mortgage Default and Foreclosure Prevention and Education, Bankruptcy Prefiling Counseling and Pre-discharge Education, Debt Management Program to repay unsecured debt at reduced interest and fees, Prepurchase Housing Education and Counseling to obtain Down Payment Assistance, Student Loan Counseling and Credit Report Analysis and credit repair counseling.

Who we serve: CCCS serves anyone who needs assistance with financial matters. CCCS serves McHenry, Lake and Kane Counties, as well as clients from Boone, Winnebago and Southern Wisconsin.

Eligibility Requirements: There are no restrictions on eligibility

Other Languages Offered: Spanish Counseling and Education, Spanish Interpreter, Interpreter for other languages may be available upon request.

Fees/Insurance: Initial Credit Counseling: no fee; Debt Management Start-up: \$50, Monthly DMP fees based on Income. Bankruptcy Prefiling: \$50 individual, \$75 joint; Reverse Mortgage Counseling: \$150 (this fee can be waived when grant funding is available). No one is refused service due to inability to pay.

Clearbrook West

Mon–Fri: 9:00 a.m. – 4:00 p.m.

(815) 893-0828

6500 Northwest Hwy., Unit 2A, Crystal Lake, IL 60014 www.clearbrook.org/west info@clearbrook.org

What we do: Clearbrook West enriches the lives of individuals with intellectual and developmental disabilities to live their fullest lives possible. Programs include: Community Mental Health Center, Vocational & Employment Training, Residential options, Respite, Home Based supports, Community Day Services

Who we serve: Clearbrook serves children and adults with intellectual and developmental disabilities throughout their lifespan.

Eligibility Requirements: Diagnosis of an intellectual and developmental disability.

Other Languages Offered: Spanish

Fees/Insurance: N/A

Early Childhood Network (ECN) of McHenry County

Mon-Thu: 8:00 a.m. - 5:00 p.m., Fri: 8:30 a.m. - 12:00 p.m.

(815) 477-4720

365 Millenium Dr., Suite A, Crystal Lake, IL 60014 www.optionsandadvocacy.org/early-childhood-network options.advocacy@opad.org

What we do: A community-based collaboration that consists of people who share a common interest in helping families with young children get the best start in life. We are an early childhood coalition of local agencies, organizations, and individuals committed to enhancing a high quality, well-coordinated, easily accessible system of services and supports that promotes the positive growth and development of children and their families. The community partners work together to connect and coordinate current community services and to identify potential barriers/gaps in services to assure that babies are born healthy, children maintain physical and emotional health and wellbeing, children enter school ready to learn, and parents are leaders in their families and communities.

Who we serve: We are interested in the positive growth and development of all children birth to five and their parents/ caregivers.

Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Environmental Defenders of McHenry County

(815) 338-0393

110 S. Johnson St., Suite 106, Woodstock, IL 60098 www.mcdef.org envirodefmc@gmail.com

What we do: Grassroots environmental organization providing information on government assistance available to homeowners & renters to make homes more energy efficient and to convert to cleaner forms of energy, thus saving money and improving health.

Who we serve: McHenry County residents

Eligibility Requirements: Some of the programs we can make residents aware of greater incentives and assistance to those in the low and middle income brackets; many programs are available to all

Other Languages Offered: Spanish Fees/Insurance: N/A

Faith Acres Foundation

Call for an appointment and please leave a message.

(815) 669-0188

P.O. Box 623, Island Lake, IL 60042 www.faitha.org info@faitha.org

What we do: Faith Acres operates Sharing Center Pantries providing free food, emergency clothing and home goods to people struggling financially. Services are available at various locations in McHenry County.

Who we serve: All people regardless of age, race, religion or gender Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: Free

*Faith Based

Farmworker & Landscaper Advocacy Project (FLAP)

Mon–Sun: 8:00 a.m. – 9:00 p.m. FLAP hotline is active 24/7.

(888) 451-3527

33 N. LaSalle #900 Chicago, IL 60602 1740 Ridge Ave., #117, Evanston, IL 60201 www.flapillinois.org info@flapillinois.org

What we do: The Farmworker and Landscaper Advocacy Project-Proyecto de Ayuda para Trabajadores del Campo y Jardineros-FLAP's mission is to improve working conditions and opportunities for low-income workers and their households in the cannery, farming, greenhouse, landscaping, meat, nursery, packinghouse, poultry, restaurants, and snow plowing industries. The organization carries out its mission through advocacy, community outreach and education, litigation, community legal education, information and referrals, partnering with other organizations to fight human labor trafficking, preventing family separations by helping immigrants secure dual citizenship for their children and facilitating access to cash transfers to very low-income populations. FLAP provides these services free of charge and without regard to immigration status.

Who we serve: Low-income workers and their households in the cannery, farming, greenhouse, landscaping, meat, nursery, packinghouse, poultry, restaurants, and snow plowing industries.

Eligibility Requirements: None - FLAP services are open to all.

Other Languages Offered: English and Spanish

Fees/Insurance: Free of charge services and without regard to immigration status.

First H.E.L.P, Inc.

P.O. Box 539, Auburn, MA 01501 www.1sthelp.org contact@1sthelp.org

What we do: First H.E.L.P. reduces mental health stigma for first responders through education and awareness and assists first responders in their search for healing. We acknowledge the service and sacrifice of first responders lost to suicide and care for their families in the aftermath of a suicide loss.

Who we serve: First Responders and their families

Eligibility Requirements: First Responders and their families

Other Languages Offered: N/A

Fees/Insurance: Free Service

Gigi's Playhouse McHenry County

Mon–Fri: 8:00 a.m. – 4:00 p.m.

(815) 385-7529

5404 W. Elm St., Suite A, McHenry, IL 60050 www.gigisplayhouse.org/mchenry mchenry@gigisplayhouse.org

What we do: GiGi's playhouse is a national non-profit organization that consistently changes lives through a replicable playhouse model by delivering free educational, therapeutic-based, and career development programs for individuals with Down syndrome, their families, and the community. GiGi's offers these programs from prenatal to adulthood.

Who we serve: Individuals with Down Syndrome, ages 0 - adulthood Individuals with Intellectual and Developmental Disabilities Family members of individuals with Down Syndrome and/or Intellectual Developmental Disabilities

Eligibility Requirements: Down Syndrome Intellectual and Developmental Disabilities (IDD)

Other Languages Offered: N/A

Fees/Insurance: Free Services

GLCU Foundation

(224) 252-2620 345 E Congress Pkwy., Crystal Lake, IL 60014 www.glcu.org housing@glcu.org

What we do: Great Lakes Credit Union's Housing Counseling Department's mission is to improve the stability and quality of life of families and communities by providing education and counseling in the areas of: Credit and Financial Management, Homeownership education and Foreclosure intervention. We provide financial counseling and education, rental counseling, Pre-purchase and Post-purchase counseling, and Foreclosure intervention counseling.

Who we serve: State of Illinois residents

Eligibility Requirements: None

Other Languages Offered: Spanish Language Line Fees/Insurance: Free

Goodwill Industries of Northern Illinois

8:00 a.m. – 4:30 p.m.

(815) 965-3795 850 N. Church St., Rockford, IL 61103 www.goodwillni.org marketing@goodwillni.org

What we do: At Goodwill, One Good Thing Leads to Another. It all starts with your generous donations, the lifeblood of our organization. The first good thing. Your donations then fuel both the retail sales in our 12 store locations and our e-commerce division. The second good thing. Our retail sales fund our local mission programs such as GoodGRADS, LifeLaunch, and our supported employment programs. The third good thing. Our local mission programs then create job opportunities and offer a path to economic self-sufficiency for individuals with barriers in the communities we serve. The fourth and final good thing. And on and on and on... We're Goodwill Industries of Northern Illinois where One Good Thing really does Lead to Another, each and every day. We're located in Rockford, Machesney Park, Freeport, Sterling, DeKalb, Ottawa, McHenry, Huntley, Crystal Lake, Algonquin IL and Beloit Wisconsin

Who we serve: Individuals with barriers

Eligibility Requirements: Must have a documented disability

Other Languages Offered: N/A

Fees/Insurance: N/A

Mon–Fri: 8:30 a.m. – 4:30 p.m.

(815) 444-8800

125 Erick St., A103, Crystal Lake, IL 60014 www.horizons-blind.org, www.directionsforme.org mail@horizons-blind.org

What we do: Horizons for the Blind is a not-for-profit organization dedicated to improving the quality of life for people who are blind or visually impaired, by increasing accessibility to consumer information, education, recreation and employment. Horizons is a leading provider of accessible transcription services to the business community and processes billing and financial statements in braille, large print and audio formats for financial institutions, utility companies, cable TV and cell phone providers.

Who we serve: Blind and visually impaired

Eligibility Requirements:

Other Languages Offered:

Fees/Insurance: Fees vary depending on service

Illinois Migrant Council

Mon–Fri: 8:30 a.m. – 5:00 p.m. (Later with appointment only for participants in our programs)

(815) 995-0300

333 Commerce Dr., Suite 800, Crystal Lake, IL 60014 www.illinoismigrant.org info@illinoismigrant.org

What we do: The Illinois Migrant Council (IMC) is a statewide community-based, non-profit organization with the primary mission of promoting employment, education, health, housing and other opportunities for migrant and seasonal farmworkers and their families to achieve economic self-sufficiency.

Who we serve: Migrant and seasonal farmworkers and their families as well as the Hispanic and other disadvantaged populations

Eligibility Requirements: For the National Farmworker Jobs Program (NFJP), Employed at least 25 days (or earned \$800) in farm work during 12 months in the last two years, Total family income below OMB or LLSIL poverty guidelines for family size in the twelve months, Have work authorization documents (citizen, legal resident or work permit), Males born after 01/01/1960: Registered in the Selective Service

Other Languages Offered: Spanish interpreting services are only available for individuals enrolled in any IMC program. Universal information in Spanish available to the Hispanic community.

Fees/Insurance: Services are free

Illinois Spina Bifida Association

Office hours: Mon–Fri 9:00 a.m. – 5:00 p.m. Occasional weekend programs. Evening and weekend home visits by appointment only.

(773) 444-0305

2211 N. Oak Park Ave., Chicago, IL 60707 www.i-sba.org info@i-sba.org

What we do: The Illinois Spina Bifida Association works to improve the quality of life of children, adults, and families living with spina bifida. Programs include: Community-Clinic Connection which provides a social worker for home visits, support groups, GoBabyGo which provides custom electric ride-on cars for children ages 2-4, Statewide Virtual Adult Group, resource information and referrals, emergency assistance and equipment funds, post-high school scholarships, and Camp Independence (run by the YMCA of Metro Chicago in association with ISBA).

Who we serve: Adults, children, and families living with spina bifida in Illinois.

Eligibility Requirements: Diagnosis of spina bifida

Other Languages Offered: Spanish speaking staff available.

Fees/Insurance: None

Immanuel Lutheran Crystal Lake

(815) 459 1441

300 S Pathway Ct., Crystal Lake, IL 60014 www.immanuelcl.org info@immanuelcl.org

What we do: The ministries of Immanuel Lutheran partner with families, individuals, and the greater Crystal Lake community to share God's love through worship, education, and service. Keeping Christ at the center of our lives has been the mission of Immanuel for 150 years.

Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: None *Faith Based

Jail-Brakers, Ministry of Tree of Life Universalist Church

Our monthly support group meets the 4th Mon of every month at 7:00 p.m. at The Tree of Life Church

(815) 354-2579

Tree of Life Unitarian Universalist Congregation, 5603 Bull Valley Rd., McHenry, IL 60050 www.treeoflifeuu.org/justice/social-justice/jail-brakers/ jailbrakerssue@gmail.com

What we do: Jail Brakers assists the families of incarcerated or recently incarcerated people who may be experienceing the stigma of incarceration. We are a safe and confidential place to explore their concerns surrounding this experience.

Who we serve: We serve the families and friends of the incarcerated.

Eligibility Requirements: The only eligibility is that attendees are experiencing the stigma of incarceration for having an incarcerated family member.

Other Languages Offered: English

Fees/Insurance: N/A

Lake County Center for Independent Living

Tue-Fri: 9:00 a.m. - 4:00 p.m.

(847) 949-4440 (Voice/TTY)

5400 W. Elm St., Suite 106, McHenry, IL 60050 www.lccil.org info@lccil.org

What we do: The Center for Independent Living provides services and advocacy to people with disabilities living in McHenry and Lake Counties. This includes advocacy training, independent living skills training, youth pre-employment services, information and referral and peer counseling.

Who we serve: People with disabilities. All disabilities and all ages

Eligibility Requirements: None

Other Languages Offered: Reasonable accommodations including alternative formats and ASL interpreters available upon request. Bilingual staff available for appointments

Fees/Insurance: No service fees

LifeSpring Community Church

Sunday Worship Services at 10:00 a.m.; Office hours Tues -Fri: 8:00 a.m. – 5:00 p.m. or by appointment

(815) 230-7101

1154 Rte 173, Spring Grove, IL 60081 www.lifespringefc.org information@lifespringefc.org

What we do: God is love. When we worship our creator and humble ourselves, we are in a better place to love God and people. When we love others, we will serve them and care for their needs. LifeSpring Community Church offers men, women and children ministry opportunities as well as small group gatherings. LifeSpring Church members also participate in many volunteer activities within both the immediate and greater McHenry County community.

Who we serve: All are welcome!

Eligibility Requirements: None

Other Languages Offered: None

Fees/Insurance: None

*Faith-Based

The Lilac Tree Center for Divorce Resources

Mon–Fri: 9:00 a.m. – 5:00 p.m.

(847) 328-0313

1101 Davis St., Evanston, IL 60204 www.thelilactree.org info@thelilactree.org

What we do: Help people navigate and overcome the challenges of separation and divorce by providing access to legal information, support networks and professional resources.

Who we serve: Anyone contemplating or in the process of divorce, as well as those already divorced

Eligibility Requirements: Services available to all

Other Languages Offered: N/A

Fees/Insurance: Fees are charged for some programs and services, but financial assistance is available as needed

Keeping Families Covered

Please call the McHenry office at 815-385-5437 for information regarding hours of operation and program eligibility requirements.

(815) 385-5437

4138 W. Orleans St., McHenry, IL 60050 www.keepingfamiliescovered.org info@keepingfamiliescovered.org

What we do: Keeping Families Covered provides diapers and other basic needs to families. We distribute items through community partners and direct service. We also raise awareness about diaper need and period poverty while working to build sustainable distribution programs in northern Illinois and southern Wisconsin. Our mission is to eliminate the barriers that exist to access basic human needs for the most vulnerable residents in the community. As a member of the National Diaper Bank Network, we give away diapers (babies, toddlers and adults) through our diaper bank and mobile diaper pantry. We also provide other essentials like infant formula. As a member of the Alliance for Period Supplies, we also give away period products (pads, liners, and tampons). With offices in Lake County and McHenry County, Keeping Families Covered currently supports thousands of families with the basics they need to thrive.

Who we serve: Individuals, families, children, youth, adults, seniors Eligibility Requirements: Registration and completion of our intake form is required for all programs. A government issued photo ID is required for the parent/guardian/caregiver and a birth certificate(s) is required for the child(ren). Diapers are provided for children up to age 3 and pull-ups are provided for children up to age 4. At age 4, children are no longer eligible for diapers unless they provide an IEP and/or doctor's note stating special needs (paperwork required). Incontinence products are provided for seniors and disabled adults (65 years old and up). Individuals from 4 - 64 years old can receive diapers and other products with a doctor's note/diagnosis. Please visit www. keepingfamiliescovered.org/get-help for more information about our programs and to register/complete the intake form online.

Other Languages Offered: Spanish

Fees/Insurance: N/A

Letters from Liza

(847) 254-0090

125 Shelter Rd., Suite 678, Lincolnshire, IL 60069 www.lettersfromliza.org lettersfromliza@gmail.com

What we do: Connect with individuals through cheerful, personalized written correspondence. Stamped & self addressed envelopes to correspond upon request.

Who we serve: Everyone

Eligibility Requirements: Must have physical mailing address. No correspondence by telephone or email.

Other Languages Offered: None

Fees/Insurance: N/A

Mane In Heaven

(833) 664-6486

117 S. Cook St., Suite 237, Barrington, IL 60010 www.maneinheaven.org info@maneinheaven.org

What we do: Connecting people with miniature therapy horses prompting empathy, kindness and overall well-being. Animal assisted activity and therapy visits with miniature horses.

Who we serve: We bring miniature therapy horses out into the community, and we work with other social service agencies. We visit hospitals, schools, memory care facilities, and veteran facilities. Various programs are available, dependent on the needs of each group.

Eligibility Requirements: Our visits are off site to social service agencies. We do not accommodate individual visits at this time.

Other Languages Offered: None

Fees/Insurance: N/A

Mano a Mano Family Resource Center

Call to schedule an appointment.

(847) 201-1521 6 E. Main St., Round Lake Park, IL 60073 www.mamfrc.org info@mamfrc.org

What we do: Mano a Mano serves as a nexus of the local immigrant community, offering a one-stop-shop for health resources and services, educational classes and workshops, and immigration legal services for some of the hardest to reach, most vulnerable families and individuals.

Who we serve: Immigrant individuals and families in Lake and McHenry County.

Eligibility Requirements: None

Other Languages Offered: Spanish

Fees/Insurance: Fees for immigration and legal services may apply

Marengo Area OutReach Enterprises (MORE)

Wed: 9:00 a.m.- 12:00 p.m., Thu: 4:00 p.m. - 6:30 p.m.

(815) 568-7950

829 Greenlee St., Marengo, IL 60152 www.marengomorecenter.org more@marengomorecenter.org

What we do: Marengo area Outreach Enterprises strives to reach all the individuals and families in the greater Marengo/Union area who are in immediate need of basic life necessities. Our goal is to feed, clothe, find shelter, and/or offer other necessary assistance. We are also a Salvation Army Extension facilitator for Marengo and Union.

Who we serve: We serve those in need of food, emergency financial assistance, or clothing and household items.

Eligibility Requirements: Must live within the Marengo Community High School District which covers Marengo and Union. Family income is not to exceed the maximum dollars as issued by DHS.

Other Languages Offered: Spanish service interpreter available upon request.

Fees/Insurance: All services are free.

McHenry County College (MCC)

(815) 455-3700 8900 US Highway 14, Crystal Lake, IL 60102 www.mchenry.edu recruit@mchenry.edu

What we do: McHenry County College offers Associate Degrees and certificate programs, occupational programs, career training, ESL and GED classes. As an open-enrollment institution, everyone is welcome! Stop by and see what we have to offer.

Who we serve: Prospective students, community, business and industry

Eligibility Requirements: None

Other Languages Offered: N/A

Fees/Insurance: Many resources - reach out for additional assistance

McHenry County Conservation District -Woodstock, IL

Special request programming focusing on conservation/ nature or outdoor recreation can be available during the week, evenings, and weekends through Education Department. Contact education@mccdistrict.org or call 815-338-6223 for more information.

(815) 338-6223

Woodstock: 18410 US Rt 14 Woodstock, IL 60098 Lost Valley Visitor Center in Glacial Park: Rt 31 and Harts Rd.

Ringwood: 7 days a week Nov–March; Daily 9:00 a.m. – 4:00 p.m., April–October; Daily 9:00 a.m. – 5:30 p.m. Prairieview Education Center in Silver Creek Conservation Area: 2112 Behan Rd., Crystal Lake; Sept–May: Tue & Thu: 9:00 a.m. – 4:00 p.m. www.mccdistrict.org ckustra@mccdistrict.org

What we do: McHenry County Conservation District owns or manages 25,754 acres* of open space and provides wildlife habitat preservation, educational opportunities and recreational amenities for the citizens of McHenry County to appreciate and enjoy. Thirty-five sites are open to the public featuring 106 miles of hiking trails, 45 miles of biking trails, 25 fishing areas, 6 campgrounds, 6 canoe launches, 36 miles of horse trails, and 18 sites with picnic areas & shelters, and a multitude of opportunities for wildlife viewing. The District also boasts 17 dedicated State Nature Preserves within its sites.

Who we serve: Youth & Children Adults Groups; Everyone residing in McHenry County People who visit from outside the county

Eligibility Requirements: N/A

Other Languages Offered: Upon request

Fees/Insurance: Free visitation to Visitor Centers and to conservation sites, check website for up-to-date closures at mccdistrict.org

McHenry County National Organization for Women

P.O. Box 583, Huntley, IL 60142 www.mchenryconow.org mchconow@outlook.com

What we do: The National Organization for Women (NOW) is a multiissue, multi-tactical, grassroots feminist organization dedicated to taking action to advance and protect women's rights. For more than 50 years, NOW has been a major force in the sweeping changes that have put more women in political posts; increased education, employment and business opportunities for women; and enacted tougher laws against violence, harassment, and discrimination. We work at the local (McHenry County), state, (Illinois), and national levels to bring about positive change for women.

Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

McHenry County Sheriff's Office

Presentations during weekdays during business hours. Extra patrol request 24/7.

(815) 338-2144

2200 N Seminary Ave., Woodstock, IL 60098 www.mchenrysheriff.org training@mchenrycountyil.gov

What we do: Members that are certified as child passenger safety technicians can assist with children car seat inspections & installations. Our Community Relations deputies can assist by in-person presentation for crime prevention, internet & home safety, active shooter, etc. Our patrol deputies can assist upon request to do vacation checks & specific area speed enforcement along with completing checks on bars, businesses, subdivisions, etc. We participate in community events such as the Special Olympics' Dunkin Donut Cop on a Rooftop and McHenry County Police Charities' Shop With A Cop.

Who we serve: We faithfully serve the community, promoting safety and equal protection for all.

Eligibility Requirements: McHenry County Residents Other Languages Offered: N/A

Fees/Insurance: N/A

McHenry County WIC Program

Woodstock: Mon: 8:00 a.m. – 6:00 p.m., Tue–Thu: 7:30 a.m. – 5:30 p.m., Fri: 7:30 a.m. – 5:30 p.m. Crystal Lake: Mon: 7:00 a.m. – 4:30 p.m., Tue – Thu: 7:30 a.m. – 5:30 p.m.

(815) 334-4505

Woodstock: 2200 N. Seminary Ave., Bldg A, Route 47 N, Woodstock, IL 60098 Crystal Lake: 100 N. Virginia St., Crystal Lake, IL 60014 www.MCDH.info WIC@McHenryCountyIL.gov

What we do: WIC's mission is to safeguard the health of women, infants and children who are at nutritional risk. WIC provides nutrition education, supplemental foods, breastfeeding support, counseling, breast pumps, and health screenings.

Who we serve: Pregnant, breastfeeding and postpartum women, infants, and children up to age five who meet eligibility requirements

Eligibility Requirements: Income must be less than or equal to 185% of the US Poverty Income Guidelines. Reside in McHenry County.

Other Languages Offered: Spanish interpreter and Language Line available upon request.

Fees/Insurance: Services are provided at NO CHARGE.

Moms Demand Action for Gun Sense in America - McHenry County Chapter -Extreme Risk Committee

Contact the McHenry County Co-leads to schedule a presentation for your workplace or community organization: Melanie Johnson - il.johnson.mel@gmail.com Linda Simko - Isimko0124@gmail.com

(224) 422-0435

www.onethingyoucando.org lsimko0124@gmail.com

What we do: One Thing You Can Do is a non-profit organization that exists to educate communities about Red Flag Laws and Firearm Restriction Orders in states where these laws exist.

Who we serve: Everyone Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Mobile Therapy Centers of America

(MTC)

Mon–Sat: 7:30 a.m. – 7:00 p.m.

(847) 816-7200

Crystal Lake: 385 Millennium Dr., Crystal Lake, IL 60012 854 Technology Way, Libertyville, IL 60048 www.mtcus.com asktheteam@mtcus.com

What we do: At Mobile Therapy Centers, we strive to make a meaningful difference in the lives of adults, teens, children and their families. Our services promote development, improvement, education, and short-term and long-term maintenance of skills over the lifespan. The services we offer are Speech Therapy, Occupational Therapy, ABA Therapy and Counseling Services.

Who we serve: Any individual with a need

Eligibility Requirements: In Illinois, the minimum age is 2 and the maximum age is 22.

Other Languages Offered: Spanish upon request.

Fees/Insurance: Private Pay, Accepts insurance

Northern Illinois Food Bank

Please visit our website for food distribution times and locations.

(630) 443-6910

Main: 275 Dearborn Ct., Geneva, IL 60134 Northern Region: 13950 W. Business Center Dr., Lake Forest, IL 60045 www.solvehungertoday.org bconnet@northernilfoodbank.org

What we do: At Northern Illinois food bank, we focus on delivering food and healthy eating services to the Northern Illinois community.

Who we serve: Anyone in need of food assistance.

Eligibility Requirements: Food pantries receiving food from Northern Illinois Food Bank are able to set their own eligibility guidelines. At the majority of food pantries, eligibility is based on self-attested need.

Other Languages Offered: N/A

Fees/Insurance: N/A

Northern Illinois Special Recreation Association (NISRA)

Answering machine for after-hour calls to office. Calls are returned the next business day.

(815) 459-0737

285 Memorial Dr., Crystal Lake, IL 60014 www.nisra.org info@nisra.org

What we do: An extension of 13 park districts & municipalities. NISRA provides year-round community recreation programs for children & adults with disabilities. Programs take place on weekdays, weeknights, and weekends.

Who we serve: Children & adults with disabilities

Eligibility Requirements: Residents with disabilities of the 13 communities pay an in-district program fee; non-residents pay a higher, non-resident program fee

Other Languages Offered: No bi-lingual office staff, however, we have resources for obtaining language translators & sign language interpretation

Fees/Insurance: Third party payments accepted.

On Angel's Wings Crystal Lake

Mon–Sat: 10:00 a.m. – 5:00 p.m.; Sun: 10:00 a.m. – 4:00 p.m.

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(815) 356-8170

6500 Northwest Highway (Rt 14), 2D, Crystal Lake, IL 60014 www.onangelswings.org jshager@onangelswings.org **What we do:** Pet Rescue and Rehoming, funded by thrift store. Provide free pet food to those in need; provide free clothing to those in need; provide foster homes for the pets of women entering Turning Point or Home of the Sparrow.

Who we serve: McHenry County and surrounding area

Eligibility Requirements: None

Other Languages Offered: None

Fees/Insurance: None

Options and Advocacy for McHenry

County

Programing and Services are provided beyond Open Office Hours. Mon–Thu: 8:00 a.m. – 4p.m., Fri: 8:30 a.m. – 12:00 p.m.

(815) 477-4720

365 Millennium Dr., Suite A, Crystal Lake, IL 60012 www.optionsandadvocacy.org options.advocacy@opad.org

What we do: At Options & Advocacy we empower individuals and their families through advocacy and education while creating a more inclusive community.

Who we serve: We offer service coordination services through our Child and Family Connections program. The Autism Resource Center offers support, education, and advocacy to individuals, their families, and the greater McHenry County community. Our Helping Us Grow program provides in-home supports to pregnant women and young children. Our newest program, Neuro Inclusive Counseling program offers therapeutic support for individuals who identify as neurodiverse and navigating mental health concerns. Individual, family, and group therapy is provided. Our Sibshops, playgroups, support groups & Stef Sullivan Joyful Arts program compliment the ways in which we support our community.

Eligibility Requirements: Child and Family Connections (birth to 3 years old), Helping Us Grow (Prenatal-3 years old), Autism Resource Center (Through the lifespan)

Other Languages Offered: Spanish interpritation and translation available.

Fees/Insurance: Child and Family Connections, Helping Us Grow, & Autism Resource Center-Depends upon programing. Most services are provided free of charge. Neuro Inclusive Counseling services does have a cost. We accept self pay and insurance. We do offer a sliding scale for those who qualify.

Pace Suburban Bus

Mon–Fri; morning and afternoon

(847) 364-7223 550 W. Algonquin Rd., Arlington Heights, IL 60005 www.pacebus.com passenger.services@pacebus.com

What we do: We are the suburban provider for public transportation in the six-county area of Northeastern IllinoisWho we serve: General public and people with disabilitiesEligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: N/A

PFLAG McHenry

PFLAG McHenry meets on the 2nd Tue of the month at 7:00 p.m. Since many of our meetings are held via Zoom, please email us to find out if we're meeting in person or via Zoom. In person meetings, when they occur, are held at Tree of Life UUC, 5603 Bull Valley Rd., in McHenry.

(630) 415-0622

5603 Bull Valley Rd., McHenry, IL 60050 www.pflagillinois.org pflagmchenry@pflagillinois.org

What we do: Support, education, advocacy. For meeting information please email us at pflagmchenry@pflagillinois.org.
Who we serve: The LGBTQ+ community, their families, and allies
Eligibility Requirements: All are welcome!
Other Languages Offered: None
Fees/Insurance: None

Pioneer Center for Human Services.

Mon–Fri

(815) 344-1230 4031 Dayton St., McHenry, IL 60050 www.pioneercenter.org info@pioneercenter.org

What we do: Pioneer Center provides services for individuals with developmental disabilities or behavioral health needs. We provide day, residential, and case management services for individuals with developmental disabilities (including vocational preparation and training) and community employment services. For those with behavioral health needs, we provide outpatient therapy, residential services for adults, crisis intervention for runaway and homeless youth, and prevention and education.

Who we serve: People with developmental disabilities, people with behavioral health needs, those experiencing homelessness, and at-risk youth and their families.

Eligibility Requirements: Vary by program, please contact us to discuss.

Other Languages Offered: Outpatient Therapy offered in English and Spanish

Fees/Insurance: Varies based on services. For Behavioral Health Services, Medicaid and Managed Care are accepted.

Prairie State Legal Services

Mon - Fri: 8:30 a.m. - 5:00 p.m.

(815) 344-9113 400 Russel Ct., Woodstock, IL 60098 www.pslegal.org servicemchenry@pslegal.org

What we do: The mission of Prairie State Legal Services is to ensure equal access to justice and fair treatment under the law by providing legal advice and representation, advocacy, education, and outreach that serve to protect basic human needs and enforce or uphold rights. Prairie State envisions a community where all low-income, elderly and vulnerable people have ready access to legal services to meet their basic needs and where everyone knows, understands and can exercise their rights and be treated fairly in their pursuit of justice.

Who we serve: Serving all low-income individuals and families including: Veterans, Serice Members, Reservists,.Ider Adults (60+), People with HIV/AIDS

Eligibility Requirements: To be eligible for help from Prairie State Legal Services depends on the following factors: You meet our income and asset guidelines. Generally, a client is eligible if his or her household income is less than 125% of the federal poverty level, or up to 200% of the federal poverty level if the household has certain expenses. Certain grants allow us to serve some clients with higher income and/or asset criteria. You live in our service area, or have a civil legal problem in one of the counties in our service area. You meet the citizenship or immigration requirements established by Congress. Persons fleeing domestic violence or trafficking are eligible regardless of immigration status in matters to address the abuse. Government regulations do not prohibit Prairie State Legal Services from handling your type of legal problem. You have one or more legal problems that fall within our established priorities.

Other Languages Offered: Language Line Services available upon request

Fees/Insurance: Free Service

Project SEARCH - Northwestern Medicine Huntley Hospital

Recruitment begins in January, selections made in March. Program runs August–May. Mon–Fri: 7:45 a.m. – 2:15 p.m.

(630) 440-1835

10400 Haligus Rd., Huntley, IL 60142 www.parents-alliance.org/page/project-search projectsearch@parents-alliance.org

What we do: Project SEARCH at Northwestern Medicine Woodstock Hospital is a nine-month vocational training program for young adults ages 18-24 who have disabilities. Project SEARCH Interns participate in continuing education in employability skills and complete three ten-week internships within the hospital. Prior to program completion, interns receive job development and placement services to obtain competitive employment in the community.

Who we serve: Out-of-School youth ages 18 to 24 who have disabilities.

Eligibility Requirements: Participants must turn in a completed application packet to projectsearch@parents-alliance.org to be considered a candidate for Project SEARCH. Candidates will complete an interview in early spring and have their application reviewed by the Selection Committee. Candidates who receive an offer must be able to provide their own transportation to and from the hospital/ community employment. Candidates must be independent in self-care and medication management, have an open case with the Division of Rehabilitation Services (DRS)*, and have a desire to commit to competitive employment upon completion of the program.

*assistance may be provided if needed

Other Languages Offered: Spanish interpreter available for family communication

Fees/Insurance: No cost, must have an open case with the Division of Rehabilitation Services

Recovery International

Call to Register for Phone Meetings: 312-337-5661

(866) 221-0302

1415 W. 22nd St., Tower Floor, Oakbrook, IL 60523 www.recoveryinternational.org info@recoveryinternational.org

What we do: Weekly support group for training in the recovery method of cognitive behavioral for mental health.

Who we serve: Anyone over 18 years old

Eligibility Requirements: Voluntary contribution

Other Languages Offered: None

Fees/Insurance: None

Refuge for Women Chicago

(224) 357-0078

620 Dakota St., Crystal Lake, IL 60012 www.refugeforwomen.org/chicago chicago@refugeforwomen.org

What we do: Refuge for Women Chicago provides long term (12 months) restorative residential healing programs for women who have been sexually trafficked and exploited.

Who we serve: Women 18+ who have been sexually exploited or trafficked

Eligibility Requirements: Women 18+. Must be 10 days drug free/ sober. If a woman desires to come to Refuge and has children, we will work with Safe Families for child placement during the time they are in the program. We have 7 homes around the country and will work with the applicant for best fit.

Other Languages Offered: None

Fees/Insurance: No cost to the woman

*Faith Based

Resurrection Catholic Church Outreach to the Needy

Sat: 10:00 a.m.- 12:00 p.m.

(815) 308-5488

2918 South Country Club Rd., Woodstock, IL 60098 www.resurrectionwoodstock.church resoutreach78@gmail.com

What we do: Outreach to the Needy assists those having difficulty meeting their current financial obligations. Assistance can be considered for utility bills, rent, gasoline, food, and other miscellaneious items, as our resources allow. Those seeking help need to bring a photo id and copies of most recent bills needing payment, as well as a copy of a lease agreement, including the name, address and phone number of the landlord, if seeking help with rent. Assistance can only be recieved once per 12 months.

Who we serve: Anyone in need

Eligibility Requirements: Must bring photo ID and apply for help no more than once per 12 months

Other Languages Offered:

Fees/Insurance: Free Service

Rockin The Spectrum

Hours change with so many different programs offered. Please call

(224) 538-9736

2020 Route 12, Unit Q, Spring Grove, IL 60081 www.Rockinthespectrum.com rockinthespectrum@yahoo.com

What we do: Day program - 18 plus, Respite care, Family events, Sensory play area, Field trips, Birthday parties, Support groups

Who we serve: The whole family, and all ages of people with autism! Any family of a loved one with special needs!

Eligibility Requirements: Special Needs

Other Languages Offered: Spanish

Fees/Insurance: Changes / lots of free events

Safe Families for Children

(773) 653-2200 - 24/7

www.safe-families.org amattey@safefamilies.net info@safefamilies.net

What we do: Safe Families For Children serves families who lack social networks and live in isolation without support of family and friends dealing with crises such as homelessness, unemployment, child abuse, domestic violence, medical emergencies and alcohol/drug rehabilitation.

Who we serve: Safe Families for Children hosts vulnerable children for an average of 6 weeks and creates extended family, like supports for desperate families through a community of approved volunteers who are motivated by compassion to keep children safe and families intact. Safe Families for Children is designed to reunite families as soon as possible.

Eligibility Requirements: At-risk families who are dealing with a temporary crisis or stressful situation such as illness, addictions, homelessness, sudden unemployment, etc.

Other Languages Offered: N/A

Fees/Insurance: No fees, volunteer supported

Service Inc. of IL

Mon – Fri: 8:30 a.m. – 5:00 p.m.

(815) 339-0740

390 E. Congress Pkwy., Suite A, Crystal Lake, IL 60014 www.svcincofil.org jrowzee@svcincofil.org

What we do: Service Inc. of IL is dedicated to helping people with intellectual and/or developmental disabilities find the services and supports they need to live a better life. Our programs include PUNS enrollment, Educational Advocacy and Service Coordination.

Who we serve: Individuals ages 3 and up

Eligibility Requirements: An individual with an intellectual and/or developmental disability.

Other Languages Offered: Spanish upon request.

Fees/Insurance: Free Service

Stairway to Prosperity

(815) 354-0235

Remote in McHenry County www.stairwaytoprosperity.org info@stairwaytoprosperity.org

What we do: Nonprofit serving young adults, ages 18-26, in McHenry County, Illinois through programs that teach adult life skills, independence, hope and resilience; providing opportunities for success in the future. Our current offerings include individualized 6-week workshops covering Mentorship, Employment Readiness, and Financial Smarts. Additionally, we offer group-based, one-time programs such as Social Outings and SNAP Kitchen Mastery.

Who we serve: Young Adults (18-26 years old) -Disabilities -Substance Use Disorder -Mental Health Disorder

Eligibility Requirements: Over 18 years old

Other Languages Offered: N/A

Fees/Insurance: \$25 per session, \$130 per workshop (financial aid available)

St. Croix Hospice

(815) 209-6707

185 Buckley Dr., Suite B, Rockford, IL 61107 pgwizdala@stcroixhospice.com

What we do: N/A Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Symetria Recovery (For-Profit Organization)

(847) 881-3313

1910 1st St., Suite 2N, Highland Park, IL 60035 www.symetriarecovery.com rduberstein@symetriarecovery.com

What we do: Symetria Recovery[®] is the leading-edge, personalized, complete recovery care system of evidence-based treatment through outpatient opioid, heroin and alcohol (all substance abuse) treatment centers committed to providing state-of-the-art, whole-person care, not just the addictive or dependency behavior. Its unique approach to dependency is known as The Symetria Method[®]. This method combines medication-assisted treatment (MAT), psychiatry, and support from a single treatment team of behavioral health, medical and psychiatric professionals to reduce the risk of relapse and give patients sustainable results. Symetria Recovery[®] highly-successful outcomes have been validated by an independent, retrospective analysis of more than 1.5 billion commercial claims from 3+ million OUD patients for the past five years. The analysis demonstrated superior results on all metrics when compared with treatment as usual.

Who we serve: Adults ages 18 and over

Eligibility Requirements: Anyone needing treatment for substance use recovery

Other Languages Offered: Interpreter on request

Fees/Insurance: In network with Blue Cross/Blue Shield

The Salvation Army of McHenry County

Office Hours: Mon–Fri: 8:30 a.m. – 4 p.m. except Holidays Sunday Worship Service: 11:00 a.m.

(815) 455-2769

290 West Crystal Lake Ave., Crystal Lake, IL 60014 www.salarmycl.org nancy.rivera@usc.salvationarmy.org

What we do: Our Mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Salvation Army provides a place of worship and provides emergency services, including food and clothing.

Who we serve: We serve the McHenry County area in Illinois

Eligibility Requirements: We primarily serve those at or below 200% of poverty level, but each case is decided on an individual basis.

Other Languages Offered: Spanish interpreter

Fees/Insurance: None, or very low for some activities.

*Faith Based

Turning Point

Mon-Thurs: 9:00 a.m. - 7:30 p.m., Fri: 9:00 a.m. - 1:00 p.m.

(815) 338-8081

www.turnpt.org

What we do: Turning Point is the only full-service domestic violence agency in McHenry County. We provide crisis intervention, secure emergency shelter for survivors and their children who are fleeing domestic violence or who are homeless due to a direct result of the violence, individual and group counseling for children, teens, and adults, legal advocacy for Survivors, Trauma-Based Mental Health Therapy, Partner Abuse Intervention Program, Positive Parenting Interventions, school and community-based prevention presentations and referrals. Phone and video counseling services are available.

Who we serve: Anyone who has been a victim of domestic violence. Through our Partner Abuse Intervention Program, we help those who choose harm in their relationships.

Eligibility Requirements: McHenry County Resident (Out-of-County Clients taken on a case-by-case basis)

Other Languages Offered: All services are offered in both English and Spanish All other languages are accommodated through the use of interpreters.

Fees/Insurance: Services for domestic violence survivor programs are free, sliding scale for Trauma-Base Mental Health Therapy. Sliding fee scale for the perpetrator programs and Positive Parenting Intervention

United Way of Greater McHenry County

2-1-1 is available 24 hours a day/7 days a week/365 days a year

(815) 363-1377

4508 Prime Pkwy, McHenry, IL 60050 www.uwmchenry.org info@uwmchenry.org

What we do: The United Way of Greater McHenry County is a nonprofit organization that works to ensure that high quality local human and social services programs are available and accessible to everyone in McHenry County. They unite people and resources, provide grants to certified local nonprofit partner agencies, and also run the Ride United Last Mile Delivery program that provides free Door Dash delivery of essential items, like groceries from food pantries and diapers from diaper banks, to people in need throughout the county. The United Way of Greater McHenry County also funds the 2-1-1 helpline that is available to call 24 hours a day/7 days a week for free and confidential guidance on where to find needed assistance.

Who we serve: Almost 1/3 of McHenry County residents use at least one of the funded programs and the entire community benefits from having a local United Way.

Eligibility Requirements: Each partner agency and food pantry has their own criteria. All partner agencies must apply and be approved by the Board of Directors. All current agencies must be fiscally and ethically responsible.

Other Languages Offered: 2-1-1 helpline is available in multiple languages

Fees/Insurance: N/A

Unity Spiritual Center of Woodstock

Please check our website calendar for activities and events scheduled.

(815) 337-3534

225 W. Calhoun St., Woodstock, IL 60098 www.unitywoodstock.org Info@unitywoodstock.org

What we do: Unity is a global, inclusive, spiritual community, dedicated to advancing spiritual awakening and transformation in the world. Unity proudly supports the LGBTQIA+ community. While having its origins rooted in Christianity, the Unity teachings bring together ancient wisdom from many faith traditions. You will not find dogma in Unity, and we honor all spiritual paths. Check out our 10am Sunday service in person or online, or any of the programs we provide, including 12 step groups, children's activities, women's group, support and study groups, classes, and our popular Free-4-All that runs monthly, April through September. Our materials, programs, services, and outreach are designed to provide tools and resources to those in need.

Who we serve: Whether you have a strong spiritual foundation, are just at the beginning of your spiritual journey, or do not believe in God at all, Unity offers spiritual insights and guidance for all people.

Eligibility Requirements:

Other Languages Offered: None Fees/Insurance: N/A

*Faith Based

WARP CORP - 501c3

Mon-Sat: 10:00 a.m. - 6:00 p.m.

(815) 985 6256 114 N Benton St., Woodstock, IL 60098 www.warpcorps.org rmutert1@gmail.com

What we do: Warp Corps is a boots-on-the-ground outreach team in Woodstock, II. We combat mental illness, substance use, and homelessness in our community using positive alternatives. We also provide navigation of human services resources in the county, as well as provide limited transportation and material goods such as food, clothing, and outdoor gear. The Warp Corps HQ also serves as an access point for harm reduction supplies such as Narcan and fentanyl test strips. Our HQ on the Woodstock Square also serves as a youth center, engaging in preventative programming with youth and young adults.

Who we serve: Anyone in need in McHenry County.

Eligibility Requirements: None

Other Languages Offered: Translation services available as needed Fees/Insurance: None

Woodstock Area Community Ministry (WACM)- Direct Assistance Program (DAP)

1st and 3rd Thurs of each month ONLY 12:00 p.m. – 3:00 p.m.

(815) 529-4370

1300 Kishwaukee Rd., Woodstock, IL 60098 www.wacmgroups.org WACM.org@gmail.com

What we do: Emergency financial crisis assistance provided for: Clothing, Shoes/boots, Utilities, Prescriptions, Car repairs, Rent.

Who we serve: Woodstock School Dist# 200 (only)

Eligibility Requirements: Must reside within Woodstock Area, District #200 only. All other programs: can assist with some rent (past due or first month/security deposit), utility payments (past due), auto repairs, gas cards (with drivers license & proof of insurance), and resale clothing. Household assistance limits in a calendar year.

Other Languages Offered: None

Fees/Insurance: Services are free.

*Faith Based

GOVERNMENT AGENCIES

22nd Judicial Circuit Family Violence Coordinating Council

(815) 334-4385

2200 N. Seminary Ave., Woodstock, IL 60098 KEWebster@22ndcircuit.illinoiscourts.gov

What we do: Provides for a comprehensive and collaborative approach in directing a countywide response to domestic violence through opportunities for education and training.

Who we serve: Judicial system, social service agencies, law enforcement, educators, health care professionals, faith community, attorneys, social workers, and more.

Eligibility Requirements: None

Other Languages Offered: Spanish services, Interpreter: Yes

Fees/Insurance: None

22nd Judicial Circuit Specialty Courts

Main hours of operation are Mon – Fri: 8:00 a.m. – 4:30 p.m.

(815) 334-4502

2200 N. Seminary Ave., Woodstock, IL 60098 www.mchenrycountyil.gov/county-government/ courts/22nd-judicial-circuit specialtycourtreferrals@22ndcircuit.illinoiscourts.gov

What we do: The 22nd Judicial Circuit Office of Special Projects administers, coordinates and monitors the Adult Drug Court, Mental Health Court, DUI Court, and Domestic Violence Court Programs.

Who we serve: The Drug Court's target population is High Risk/ High Needs offenders who reside in McHenry County, Illinois, who have a current nonviolent felony offense and a diagnosed DSM-V-TR substance use disorder. The McHenry County DUI Court Programs target population is for clients that rate Moderate to High Risk/ High Need offenders on an official Court assessment, who reside in McHenry County, Illinois, who have a current nonviolent felony DUI offense and a diagnosed DSM-V-TR substance use disorder. This program is a diversion program for clients charged with a felony DUI based upon prior DUI offenses. By law, the exclusive authority to amend a criminal charge rest with the State's Attorney. The Mental Health Court's target population is Moderate to High Risk/High Needs offenders who reside in McHenry County, Illinois, who have a current nonviolent misdemeanor or felony offense that appears to have been driven by a DSM-V-TR primary mental health diagnosis. The Domestic Violence Court Program's target population is for offenders with misdemeanor cases involving a charge of domestic battery. They will be returned to a dedicated courtroom and a dedicated judge who will be responsible for overseeing case possessing from initial hearing, disposition and for post dispositional compliance monitoring.

Eligibility Requirements: N/A

Other Languages Offered: Spanish interpreter available upon request. Also access to the Language Line as necessary.

Fees/Insurance: N/A

McHenry County Community Development (MCCD)

Mon-Fri: 8:00 a.m. - 4:30 p.m.

(815) 334-4560

2200 N. Seminary Ave., Woodstock, IL 60098 www.mchenrycountyil.gov/CD mchenrycountycomdev@mchenrycountyil.gov

What we do: McHenry County Community Development provides a multitude of funding opportunities through grants to support the McHenry County community.

Who we serve: People at risk of homelessness, People who are experiencing homelessness, Low/Moderate Income, Seniors, Businesses, Non-Profits

Eligibility Requirements: Must be a McHenry County resident.

Other Languages Offered: Spanish upon request.

Fees/Insurance: Free Service

McHenry County Department of Health

Mon-Fri: 8:00 a.m. – 4:30 p.m. with periodic early, evening or weekend immunization clinics. Services are mostly by appointment; closed holidays

(815) 334-4500

2200 N. Seminary Ave., Woodstock, IL 60098 www.MCDH.info Health@mchenrycountyil.gov

What we do: Vital records, breast & cervical cancer screening, lead screening, heart health screening, tuberculosis & STI clinics, adult & child vaccination clinics, early ID of developmental disabilities, pregnancy testing, WIC nutritional supplements, diabetes prevention & management education classes, food, private sewage and well inspections, water laboratory, complaint response for public health nuisances, solid waste, housing, mold and vectors, animal adoption & complaint investigations, pet registration, and emergency response.

Who we serve: McHenry County Residents

Eligibility Requirements: Program Specific

Other Languages Offered: Language assistance is available Fees/Insurance: Fees vary depending on program/service

McHenry County Division of Transportation

(815) 334-4960

16111 Nelson Rd., Woodstock, IL 60098 www.mchenrycountyil.gov mcdot@McHenry Countyil.gov

What we do: The McHenry County Division of Transportation promotes responsible public policy, ethical and high-quality services and is dedicated to providing enhanced mobility while promoting a safe and efficient transportation system.

Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

McHenry County Housing Authority

Please review the program guidelines on the website and call for an appointment.

(815) 338-7752

1125 Mitchell Court, Crystal Lake, IL 60014 www.mchenrycountyhousing.org hlyons@mchenrycountyhousing.org

What we do: Provide rental assistance, public housing, senior housing, energy assistance, weatherization, home rehab, homeless prevention, dental vouchers, past due rent assistance and first month rent and security deposit assistance.

Who we serve: Low-income residents of McHenry County

Eligibility Requirements: Must meet income limits as listed on website; other requirements may be applicable and listed on the website.

Other Languages Offered: Spanish interpreter available upon request. Fees/Insurance: None

McHenry County Mental Health Board

Mon–Fri: 8:30 a.m.– 4:30 p.m.

(815) 455-2828 620 Dakota St., Crystal Lake, IL 60012 www.mc708.org informationrequest@mc708.org

What we do: The MHB's mission is to lead and contract for quality behavioral health (mental health and substance use disorder) and intellectual/developmental disability prevention and treatment services for all people of McHenry County, Illinois.

Who we serve: MHB is a special unit of local government to lead and contract for quality behavioral health (mental health and substance use disorder) and intellectual/developmental disability prevention and treatment services for all people of McHenry County, Illinois.

Eligibility Requirements: Residents of McHenry County

Other Languages Offered: None on staff, however, telephonic and/or on-site interpreters can be obtained as needed

Fees/Insurance: N/A

McHenry County Probation & Court Services

Mon - Fri: 8:00 a.m. to 4:30 p.m.

(815) 334-4400

2200 N. Seminary Ave., Woodstock, IL 60098 www.mchenrycountyil.gov

What we do: Probation provides assistance and guidance to our clients so that they may be reintegrated into society in a productive and meaningful manner.

Who we serve: N/A

Eligibility Requirements: As directed by the Court

Other Languages Offered: Spanish interpreter available upon request

Fees/Insurance: As directed by the Court and state statutes

McHenry County State's Attorney's Office

Hours of operation: Mon-Fri: 8:00 a.m. - 4:30 p.m.

(815) 334-4159

2200 N. Seminary Ave., Suite 150, Woodstock, IL 60098 www.mchenrycountyil.gov/departments/state-s-attorney-s-office

StatesAttorney@mchenrycountyil.gov

What we do: The McHenry County State's Attorney's Office is dedicated to protecting the rights and safety of the citizens of McHenry County and supporting the functions of county government. We provide legal advice and representation to the McHenry County Board, elected officials and department heads as to their duties and responsibilities under the law. Programs include: A Way Out, Deferred Prosecution Program, Adult Drug Court, Mental Health Court, Veteran's Track Program, Domestic Violence Court, Check Enforcement Program (please see website for more information.)

Who we serve: McHenry County Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

McHenry County Workforce Network

Office/Resource Room: Mon-Fri: 8:30 a.m. - 4:00 p.m.

(815) 334-7100 ext.2771

500 Russel Court, Woodstock, IL 60098 www.mchenrycountyworkforce.com workforcecenterrr@yahoo.com

What we do: McHenry County Workforce Network offers services to McHenry County employers and job seekers. For job seekers: job information/placement assistance, vocational training/skill enhancement (if eligible), vocational/career guidance, and resource room.

Who we serve: McHenry County businesses, economically disadvantaged, dislocated workers, and eligible youth 14-24 years of age. Resource Room, Job Club, seminars and workshops are open to anyone who is age 18 or older, and authorized to work in the United States.

Eligibility Requirements: Eligibility requirements are individually determined. Please go to www.mchenrycountyworkforce.com to find application documents and applicable information

Other Languages Offered: AVISO IMPORTANTE! Este documento contiene información importante acerca de los servicios de WIOA. Asistencia para la traducción telefónica de este documento vital, se encuentra disponible en el Centro de Fuerza Laboral del Condado de McHenry, 500 Russel Court, Woodstock, IL 60098. 815-338-7100 ext. 2793

Fees/Insurance: All services are free.

McRide Dial-A-Ride

MCRide operates from 5:00 a.m. – 11:00 p.m. everyday. Observed Holidays include: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Eve, and Christmas Day.

(800) 451-4599

16111 Nelson Rd., Woodstock, IL 60098 www.McHenryCountyDOT.org mcride@mchenrycountyil.gov

What we do: McRide is a dial-a-ride service providing curb-to-curb, wheelchair-accessible transportation to eligible riders in the service area. Dial-a-ride is a shared-ride program, meaning that multiple rider trips may be grouped together to improve efficiency. Travel must be scheduled in advance by making a reservation with the Call Center (1-800-451-4599). Members of the general public (all riders) can reserve their trips up to 24 hours in advance of travel. Seniors (60+) and individuals with disabilities can reserve their trips up to seven days in advance of travel. For questions about the program, please call 815-334-4981. This program is funded by Pace Suburban Bus, McHenry County, a Federal Section 5310 Transit Grant, partner municipalities and townships, and rider fares.

Who we serve: All public transit users. There are no limitations

Eligibility Requirements: Riders may travel to and from locations in the service area for which they are eligible. Eligibility is determined by the trip origin, trip destination, rider age and/or whether the rider has a disability. Please visit our website to view the service area map and brochure; call the McHenry County Division of Transportation with any eligibility questions.

Other Languages Offered: Spanish interpreters are available upon request at the Call Center (1-800-451-4599). The MCRide brochure is available in Spanish on the Division of Transportation website.

Fees/Insurance: Rider fares are paid in cash upon boarding the vehicle. Fares are based on the trip distance and rider's eligibility status (senior, disabled, general public).

Regional Transportation Authority

(312) 663-4357

175 W. Jackson Blvd., Suite 1550, Chicago, IL 60604 www.rtachicago.org bianca.diaz@rtachicago.org

What we do: The RTA financially oversees CTA, Pace, and Metra. In addition, we offer Ride Free and Reduced Fare programs for older adults and people with disabilities. We also offer free Travel Training for those groups, this free program teaches people step by step how to take public transportation.

Who we serve: Older adults and people with disabilities

Eligibility Requirements: Older adult (65+) or person with a disability, Ride Free requires the applicant to be an Illinois resident

Other Languages Offered: Translation and interpretation is always available upon request

Fees/Insurance: Free Service

Social Security Administration

Mon – Fri: 9:00 a.m. – 4:00 p.m.

(800) 772-1213 2450 Lake Shore Dr., Woodstock, IL 60098 www.ssa.gov

What we do: Financial benefits under Social Security and SSI programs.

Who we serve: McHenry County residents

Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: None

State of Illinois, Department of Human Services

IDHS Customer Help Line (800) 843-6154 for questions about case status, benefits, services or eligibility. Staff are available 8:30 a.m. – 5:00 p.m., Mon – Fri, except State holidays.

(815) 338-0234

512 Clay St., Woodstock, IL 60098 www.dhs.state.il.us DHS.McHenryFCRC@illinois.gov

What we do: The Division of Family & Community Services (FCS) helps Illinois residents by connecting them with many programs and services. Through our programs, services and prevention efforts, the Division improves the health and wellbeing of individuals and promotes selfsufficiency and integrity of families in Illinois. Department of Human Services: Programs/Services: Application for Benefits Eligibility (ABE): Temporary Assistance for Needy Families (TANF), Medical Assistance Programs, Parents Care and Share, and SNAP - Supplemental Nutrition Assistance Program.

Who we serve: Low-income individuals and families.

Eligibility Requirements:

Other Languages Offered: English, Spanish and use translator line for any other language

Fees/Insurance: N/A

HEALTH

Aunt Martha's Health and Wellness Woodstock Community Health Center

Mon–Thurs: 8:30 a.m. – 4:30 p.m., Fri: 8:30 a.m. – 12 p.m.

(877) 692-8686

3703 Doty Rd. MOB 1, Suite 1, Woodstock, IL 60098 www.auntmarthas.org am4youauntmarthas.org/contact

What we do: Aunt Martha's integrated health care model addresses each person's unique needs in order to experience whole health and wellness.

Who we serve: Our health centers serve all patients regardless of ability to pay.

Eligibility Requirements: N/A

Other Languages Offered: All languages/Language Line Translation available if needed

Fees/Insurance: Sliding scale if uninsured, IL Medicaid, Medicare, All MCOs under Medicaid, Aetna, Blue Cross Community, County Care, Meridian, Molina, YouthCare Health Choice III (DCFS Kids)

CHP Harvard Health Center- Community Health Partnership of Illinois

Mon–Thurs: 8:00 a.m. – 6 p.m., Fri: 8:00 a.m. – 1 p.m. no weekends. Please call for appointments

(815) 943-4339 FAX (815) 943-4055

62 N Ayer St., Suites A & B Harvard, IL 60033 www.chpofil.org MGalvez@chpofil.org

What we do: Primary medical care, dental care, and behavioral health care including mental health counseling and psychiatry services health services for the community at large with a special focus on migrant and seasonal agriculture workers. We also offer enrollment services for Medicaid and Marketplace insurances and patient assistance service. Medical and Dental preventative, acute and chronic care for all ages. Chronic Disease Management. Health outreach program and peer health education program. COVID-19 assessments and testing. Telehealth for medical, dental, mental health counseling and psychiatry visits available. Narcan vending machine with nasal spray as well as Fentanyl testing strips is accessible to everyone in our vestibule.

Who we serve: Everyone

Eligibility Requirements: Everyone is eligible, and we do offer Sliding Fee Scale discounts for services based on income and family size. No one will be denied services based on their ability to pay.

Other Languages Offered: Interpretation available for all language needs. Many staff are bilingual English/ Spanish.

Fees/Insurance: Uninsured, Medicare, Medicaid, some private insurance plans, please call for more information.

Cultivating Health Ministries

By appointment, Mon-Sat

(779) 302-4709

6817 Harvard Hills Rd., Harvard, IL 60033 www.facebook.com/CultivatingHealthMinistries info@mcchm.org

What we do: Cultivating Health Ministries provides countywide access to diabetes screenings, health education, resources and health care services in Churches in McHenry County. Diabetes and its life-limiting complications, are a top health issue in McHenry County; and is increasing in those most likely to have this disease, LatinX & Older Adults. Cultivating Health Ministries brings together partners that have been working separately to create a proactive partnership that will reduce the health disparities for these populations.

Who we serve: 18 and older

Eligibility Requirements: 18 and older

Other Languages Offered: Spanish

Fees/Insurance: Free Service

*Faith Based

Family Health Partnership Clinic

Mon–Thurs: 8:30 a.m. – 4:30 p.m., Fri: 8:30 a.m. – 12:00 p.m.

(779) 220-9300

401 E. Congress Pkwy., Crystal Lake, IL 60014 www.hpclinic.org shoban@hpclinic.org

What we do: The Clinic provides primary health care to people without health insurance. These services are provided through a small staff and 29 volunteer physicians.

Who we serve: Uninsured

Eligibility Requirements: May not have insurance of any kind, including Public Aid

Other Languages Offered: Spanish interpreter available upon request Fees/Insurance: Sliding fee scale

Focus Women's Center

By appointment only.

(815) 322-1585

409 N. Front St., Suite B, McHenry, IL, 60050 www.focuswomenscenter.com office@focuswomenscenter.com

What we do: We are a medical clinic that provides completely confidential pregnancy testing, limited ultrasounds, specific STD testing and treatment, and options education and resources for women and girls facing unintended pregnancies.

Who we serve: Women and girls who think they may be pregnant. Eligibility Requirements: None.

Other Languages Offered: Spanish-speaking nurse available. Fees/Insurance: Free - no insurance necessary.

Greater Family Health

Mon–Sat

(844) 599-3700 3901 Mercy Dr., McHenry, IL 60050 www.greaterfamilyhealth.org info@greaterfamilyhealth.org

What we do: Greater Family Health provides quality, affordable health care for all, including any person who is publicly insured, underinsured or uninsured. Greater Family Health offers a wide variety of services including: Pediatric Care, Adult Medicine, Obstetrics/Gynecology, Free Pregnancy Testing, Behavioral Health Services, including Psychiatry for Children, Adolescents, and Adults, Chronic Disease Management, Immunizations, Physicals, Public Benefits Enrollment, Care Management and a Full-Service Laboratory operated by LabCorp. Greater Family Health is accredited by The Joint Commission and certified as a Primary Care Medical Home.

Who we serve: We provide services for patients of all ages and offer translation services for multiple languages.

Eligibility Requirements: Everyone is welcomed at Greater Family Health.

Other Languages Offered: Bilingual (Spanish) staff and use of InDemand Translation for other languages.

Fees/Insurance: Accepts Medicaid and all forms of Medicaid Managed Care (AllKids, Aetna Better Health of IL, Blue Cross Community Health Plan, CountyCare, Meridian Health Plan, Molina Healthcare, and YouthCare), Blue Cross/Blue Shield PPO and several other PPO/ HMO plans, and uninsured patients. Most other insurances are also accepted. Patients with incomes under 200% of the Federal Poverty Level may be eligible for our sliding fee discount program based on their income and number of persons in the family household. For a complete list of insurances accepted please visit: www. greaterfamilyhealth.org.

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Informed Choices Pregnancy & Parenting

Mon: 10:00 a.m. – 7:00 p.m., Tues, Wed & Thur: 10:00 a.m. – 5:00 p.m. *Appointment Required. Please call or text for an appointment.

(815) 455-0965

Text Line: (847) 421-1446

610-1 Crystal Point Dr., Crystal Lake, IL 60014 www.informedchoices.org

What we do: What we do: An informed decision is an empowered one. We offer support related to abortion, adoption and parenting. The following services are private, professional and free of charge: Lab quality pregnancy testing, ultrasounds, nurse consultations, support for men, options education, prenatal and parenting education, diaper bank, after-abortion support, community resource referrals. For a full list of services visit our website.

Who we serve: Those facing unplanned pregnancies or those who are in need of parenting support.

Eligibility Requirements: No economic or geographic restrictions. Photo ID Required.

Other Languages Offered: N/A

Fees/Insurance: All services are free

*Faith Based

Northwestern Medicine

Emergency Services may be accessed at any time via the emergency departments. For all outpatient services, please view website for details.

(224) 654-0000

Various locations throughout the county www.nm.org

What we do: Full service health system with emergency rooms and acute medical services at Northwestern Medicine Woodstock, Northwestern Medicine McHenry, and Northwestern Medicine Huntley. Outpatient services include laboratory services, physician services, wound care, diabetes education, physical, occupational and speech therapies, dietary consultations, sleep disorders center, back and spine center.

Who we serve: All

Eligibility Requirements: Each service may have its own eligibility requirements. Vary by program.

Other Languages Offered: Interpreter On Wheels and Voyce language line utilized when live interpreter not available for interpretation for 160 languages.

Fees/Insurance: Private insurance, Medicaid and Medicare accepted. *Unfunded patients accepted as well.

McHenry County - Lead & Health Homes Program

Internet is available 24 hours a day/ 7 days a week. Program Manager is available during McHenry County Government Center's operating hours (Mon– Fri: 8:00 a.m. – 4:30 p.m.

(815) 344-4088

2200 N. Seminary Ave., Woodstock, IL 60098 www.mchenrycountyil.gov/departments/planning-development/community-development/lead-safe-homes LeadSafeHomes@mchenrycountyil.gov

What we do: The mission of the McHenry County Lead Program is to eliminate childhood lead poisoning in all low- and moderateincome privately-owned rental and/or owner-occupied housing populations throughout McHenry County. This goal will be achieved using identification and control of lead-based paint hazards. We are committed to making healthy homes and safe environments available to all children under age of 6 by addressing a multitude of hazards in area homes where children are or can be present.

Who we serve: Our program serves low-and moderate-income privately owned rental and/or owner-occupied housing populations throughout McHenry County.

Eligibility Requirements: The eligible property / unit must meet all of the following criteria: 1. Be within McHenry County. 2. Be occupied by a household that is under 80% of the Area Median Income. This calculation includes all income from all adults living in the home, even if they are not related or not filing taxes together. 3. Have a child under the age of 6 (0-5) living there; OR have a child under the age of 6 (0-5) who visits three (3) hours a day on two (2) separate days a week and a total of sixty (60) hours per year; OR have a pregnant woman living there; OR be a vacant rental unit and promised for marketing to low-income families. 4. Be built before 1978 (1977 and older).

Other Languages Offered: 1. Spanish speaking team members available. 2. Website has link to translate web information into various languages.

Fees/Insurance: Free service, but 3 year lien is placed upon property

Toby's Fund for Reproductive Health Equity

Our website is available 24/7 Our service agencies have different hours.

(815) 200-4604

P.O. Box 71, Marengo, IL 60152-0071 www.mccctobysfund.org info@mccctobysfund.org

What we do: Toby's Fund helps to fund the following services for McHenry County residents who cannot afford the cost of Abortions, Emergency Contraception, and Pregnancy Prevention. Every resident of McHenry County Illinois deserves the right to determine the course of their own life no matter their financial situation. Toby's Fund does not fund individuals, but has active financial partnerships with non-profits who fund individuals in need of abortions, emergency contraception, pregnancy prevention and general reproductive health decisions. Toby's Fund is non-binary and does not judge. A contribution to Toby's Fund is tax-deductible to the full extent of the law. Toby's Fund is staffed solely by volunteers.

Who we serve: Residents of McHenry County capable of getting pregnant who wish to make their own health decisions and need financial assistance to effectuate those decisions. We fund non-profits not individuals who can provide reproductive health services to residents of McHenry County

Eligibility Requirements: 1. Residents of McHenry County capable of getting pregnant; 2. Residents of McHenry County requiring financial assistance for abortions, emergency contraception, and pregnancy prevention; 3. Non-profits wishing to provide the above.

Other Languages Offered: English, Spanish and others depending on the servicing agency.

Fees/Insurance: Toby's Fund have no service fees. We fund non-profit agencies serving McHenry County.

HOUSING

A Safe Place

Office: Mon - Fri: 9:00 a.m. - 5:00 p.m. Hotline: 24/7

(847) 731-7165

Hotline: (800) 600-SAFE 2710 17th St., Zion, IL 60099 www.asafeplaceforhelp.org info@asafeplaceforhelp.org

What we do: A Safe Place is the sole provider of services exclusively addressing domestic violence and human trafficking in Lake County, Illinois. Through multi-faceted programs we assist victims in transforming their lives after violence, prevent future abuse by addressing its root cause through abuser intervention programs, and educate the community about domestic violence and human trafficking and how we can all be involved in ending them. A Safe Place is a recognized 501(c)3 listed under Lake County Crisis Center for the Prevention & Treatment of Domestic Violence Inc.

Who we serve: Victims and Survivors of domestic violence and human trafficking

Eligibility Requirements: N/A

Other Languages Offered: Spanish and other languages through translation line

Fees/Insurance: Free service

Habitat for Humanity of McHenry County

Mon–Fri: 8:30 a.m. – 4:30 p.m. Office hours are Fri: 8:30 a.m. – 12:30 a.m. from Memorial Day thru Labor Day

(815) 759-9002

907 Front St., McHenry, IL 60050 www.habitatmchenry.org info@habitatmchenry.org

What we do: At Habitat for Humanity of McHenry County, we are more than just a housing organization - we are a community that believes in the power of unity and the transformational impact of safe, affordable housing. Best known for our Homeownership program; we provide hardworking families the opportunity to achieve their dream of homeownership. Habitat homebuyers partner to build and purchase homes in McHenry County through an affordable mortgage. Empowering them to break the cycle of poverty and build a foundation for a brighter future. Our Critical Home Repair program addresses the needs of current homeowners with essential repairs and accessibility modifications, ensuring everyone can live comfortably and independently in their homes. Our mission is simple, yet profound: we bring people together to build homes, hope and a better future.

Who we serve: Qualifying low-income homebuyers interested in purchasing a home in McHenry County with an affordable mortgage. Qualifying low-income homeowners in need of home modifications to address safety, health and accessibility needs.

Eligibility Requirements: Qualifying homebuyers and home repair applicants demonstrate a need for affordable housing or critical home repairs, the ability to repay an affordable mortgage or home repair loan, and a willingness to partner with Habitat for Humanity of McHenry County. Contact or visit our website for further details.

Other Languages Offered: None

Fees/Insurance: N/A

Home of The Sparrow

Mon – Fri

(815) 271-5444

1991 Duncan Place, Woodstock, IL 60098 www.hosparrow.org info@HOSparrow.org

What we do: Home of the Sparrow serves homeless women and children. Services include: Transitional Shelter, Subsidized Apartments, Affordable Housing, Housing Assistance Programs, and Outreach and Prevention Services. Supportive Services include: intensive case management with a focus on employment, financial planning/ budgeting, parenting classes and trauma recovery. Home of the Sparrow collaborates with other organizations to provide linkages to other services.

Who we serve: Homeless women who are single, pregnant, or accompanied by their children, including older adults.

Eligibility Requirements: Must be 18 years or older, including age 50+. Eligibility is determined on a case-by-case basis. Home of the Sparrow collaborates with other area organizations to provide a wide range of services.

Other Languages Offered: Spanish interpreter available upon request **Fees/Insurance:** None for shelter or outreach and prevention services; sliding fee scale for apartments

McHenry County Continuum of Care (CoC)

(815) 334-4560

www.mchenrycountyhomeless.org www.mchenrycountyhomeless.org/contact-us-1

What we do: The Continuum of Care (CoC) is a community planning group formed under the regulations of the U.S. Department of Housing and Urban Development (HUD) in order to organize and deliver housing and services for people who are homeless.

Who we serve: People who are experiencing homelessness.

Eligibility Requirements: Must be a McHenry County resident.

Other Languages Offered: N/A

Fees/Insurance: Free Service

McHenry County PADS

24/7 Staff

(815) 344-1230 Option #1

1805 S. Route 31, McHenry, IL 60050 www.pioneercenter.org info@pioneercenter.org

What we do: A program of Pioneer Center for Human Services, McHenry County PADS offers emergency shelter coupled with support services in order to help people who are experiencing homelessness work toward becoming self-sufficient.

Who we serve: Adults and families experiencing homelessness in McHenry County

Eligibility Requirements: Individuals must be experiencing homelessness, be able to prove McHenry County residency and pass a criminal background check.

Other Languages Offered: N/A

Fees/Insurance: N/A

Restoration America, Inc.

Mon – Fri: 9:00 a.m. – 5:00 p.m. - By appointment only.

(847) 783-0232

86 N Williams St., Crystal Lake, IL 60014 www.restorationamerica.org info@restorationamerica.org

What we do: Restoration America is a HUD Approved Housing Counseling Agency ID# 84834 and a not-for-profit 501(c)(3) charitable organization. Our HUD certfied Housing Counselors provide oneon-one counseling, education, classes and workshops for First-Time Homebuyers/Homebuying/Pre-Purchase, Mortgage Delinquency & Foreclosure, Rental issues, Reverse Mortgages, Financial & Debt Management, Fair Housing.

Who we serve: We serve individuals, families, seniors residing in the State of Illinois. Our immediate service areas are McHenry, Kane, Lake, Cook and Winnebago counties.

Eligibility Requirements: No eligibility requirements for counseling & classes. If/when financial assistance programs may be available, eligibility requirements are determined by each individual program

Other Languages Offered: Spanish

Fees/Insurance: Free service

MENTAL HEALTH

Ascension Alexian Brothers Behavioral Health Hospital

Immediate openings in both Crystal Lake and Hoffman Estates.

(847) 882-1600

1650 Moon Lake Boulevard, Hoffman Estates, IL 500 Coventry Ln., Crystal Lake, IL www.ascension.org cecelia.horan@ascension.org

What we do: Alexian Brothers behavioral health hospital is a multispecialty hospital. Serving children, adolescents, adults and older adults for inpatient, partial hospital and intensive outpatient services. Conditions treated include mood disorders, anxiety, PTSD, Bipolar disorder, eating disorders, postpartum depression, autism spectrum disorders, schizophrenia, and substance use disorders. The hospital serves youth in McHenry County in Crystal Lake from ages 8-18. Services include partial hospital and intensive outpatient programs with funding from the McHenry County Mental Health Board. Both child and adolescent programs are available in Crystal Lake.

Who we serve: All children, adolescents, adults and older adults in the North and West suburbs. Anyone dealing with mental health and substance use concerns can get a free assessment 24/7 in Hoffman Estates. In Crystal Lake, we serve all children and adolescents regardless of ability to pay.

Eligibility Requirements: For McHenry County, all residents of the county experiencing mental health issues with their child or adolescent. In Hoffman Estates, all ages are served through the Behavioral Health hospital-141 bed specialty hospital with 8 units for detox services, older adult, adult, adolescent and eating disorders. Assessments are free.

Other Languages Offered: Spanish

Fees/Insurance: For McHenry County-commercial health insurance, Medicaid, managed Medicaid, or unfunded individuals/families.

Association for Individual Development (AID)

Mon – Fri: 8:00 a.m. – 7:00 p.m.

(847) 931-2340 5342 W. Elm St., McHenry, IL 60050 www.aidcares.org info@aidcares.org

What we do: We provide community based mental health services for McHenry County IL. We offer therapy, psychiatry, and supported living case management services.

Who we serve: Children, Adolescents, Adults and Seniors Eligibility Requirements: Medicaid Insurance Other Languages Offered: English & Spanish

Fees/Insurance: Medicaid

Center for Therapeutic Services & Psychodiagnostics

Mon – Fri: 9:00 a.m. – 9:00 p.m., Sat: 9:00 a.m. – 7:00 p.m., and Sun: 9:00 a.m. – 5:00 p.m.

(815) 344-9443

4209 W. Shamrock Ln., Unit C, McHenry, IL 60050 www.cftsap.com cftsap@gmail.com

What we do: At the Center for Therapeutic Services and Psychodiagnostics our team of clinical psychologists, clinical social workers, and licensed therapists provide evidenced-based practices and focus on therapies that deliver results for our clients. We are committed to helping you with the most comprehensive, holistic therapy offerings that are individualized and tailored to fit your unique needs. We take a creative approach to treating complex mental health concerns both on an individual, couple, family, and group level. Additionally, we also provide psychological and neuropsychological testing, mediation, DUI services, and other court related services.

Who we serve: We provide individual, couple, and family services for children, adolescents, young adults, adults, and seniors. We also offer services for clients with DCFS and/or court involvement.

Eligibility Requirements: N/A

Other Languages Offered: Spanish

Fees/Insurance: Aetna, Aetna Better Health, Allied Benefit System, Blue Cross Blue Shield, Blue Cross Blue Shield Community, Cigna, Humana, Magellan, Meridian, Tricare, United Behavioral Healthcare, Value Options, and Self-Pay

ECH Counseling LLC (For Profit Organization)

Mon-Sun: Hours vary depending on the provider and day

(815) 363-0864

44 N Virginia St., Suite 3B, Crystal Lake, IL 60014 www.echcounseling.com info@echcounseling.com

What we do: We are a private practice with a team of mental health counselors who provide individual, couples, and family therapy. We also have additional services such as support groups, reiki, and community acupuncture. Our counselors have a variety of specialties and provide a range of services while utilizing different treatment approaches.

Who we serve: Individuals ages 5 and up

Eligibility Requirements: None

Other Languages Offered: Spanish

Fees/Insurance: We accept BCBS, Aetna, Cigna, Humana, Magellan, Meritain, United/Optum, Carelon, UMR, Blue Cross Community, Aetna Better Health

FJ Psychological Services (For Profit Organization)

Mon – Fri: 10:00 a.m. – 5:00 p.m.

(815) 271-5645

707 Ridgeview Dr., McHenry, IL 60050 www.fjpsychologicalservices.com fjpsychologicalservices@gmail.com

What we do: Mental health, autism evalutions, primary care, psychiactic care

Who we serve: Everyone Eligibility Requirements: N/A

Other Languages Offered: English

Fees/Insurance: All insurance

Independence Health & Therapy

Mon–Fri: 8:30 a.m. – 5:00 p.m. Behavioral Health: Select evening hours available upon request.

(815) 338-3590

2028 N. Seminary Ave., Woodstock, IL 60098 www.IndependenceHealth.org jbuckley@independencehealth.org

What we do: Independence Health & Therapy is a nonprofit that provides family health and wellness services with a unique, wholistic model of care. Our programs include behavioral health, adult day, memory care, and physical, occupational, and speech therapy.

Who we serve: Adults and children living in McHenry and Kane County.

Eligibility Requirements: Psychiatry available for youth, adolescents, and adults.

Other Languages Offered: Interpreters upon request

Fees/Insurance: Medicare, Medicaid, Private Insurance, Commerical Insurance, or private pay. Sliding fee scale & scholarships available for underinsured or uninsured.

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Landmark Therapy Group

(815) 526-0676

755 McArdle Dr., Suite E, Crystal Lake, IL 60014 www.landmarktherapyllc.com landmarktherapygroup@gmail.com

What we do: Counseling, Family Therapy, Individual, Couples, Veterans, First Responders, EMDR

Who we serve: 14 and older

Eligibility Requirements: None

Other Languages Offered: N/A

Fees/Insurance: BCBS PPO, Aetna, Cigna, United Healthcare, Tricare, Magellan

LivingRite, The Center for Behavioral Health

(815) 575-8181

5435 Bull Valley Rd., Suite 206, McHenry, IL 60050 www.livingrite.org/our-mchenry-office erica.veach@livingrite.org

What we do: Provided mental health services to individual, couples, & families utilizing evidenced based treatment approaches

Who we serve: Children through adults Eligibility Requirements: None Other Languages Offered: N/A Fees/Insurance: BCBS PPO & Self Pay

Main Stay Therapeutic Farm, Inc.

Sessions run Mon through Sat mornings. Office hours are 9:00 a.m. – 5:00 p.m.

(815) 653-9374

6919 Keystone Rd., Richmond, IL 60071 www.mainstayfarm.org info@mainstayfarm.org

What we do: Main Stay Therapeutic Farm is a 501(c)(3) organization with a mission to enrich mind, body and spirit through powerful connections with horses, animals and nature. Programs include adaptive horsemanship and riding, equine and animal-assisted learning, and adaptive gardening. The farm is a place where everyone is accepted and celebrated for who they are and what they would like to achieve.

Who we serve: Individuals of all ages with physical, developmental, emotional and social challenges. Main Stay also offers team building sessions for organizations who want a unique experience learning more about themselves and others through interacting with the animals.

Eligibility Requirements: Physician's release is required for new riders and may be required annually. Weight restriction for the adaptive riding program participants.

Other Languages Offered: Spanish interpreter available upon request **Fees/Insurance:** Fees vary by program. Insurance not accepted. Rider assistance may be available to those that qualify.

McHenry County Suicide Prevention Task Force

Mon–Fri: 8:30 a.m. – 4:30 p.m.

(815) 526-8243

620 Dakota St., Crystal Lake, IL 60012 www.mchenrycountysptf.org mch.sptf@gmail.com

What we do: Our mission is to raise awareness of mental health and suicide prevention, provide education, implement prevention programs and provide support for those affected by suicide within McHenry County, Illinois.

Who we serve: Anyone who has been affected by suicide or wants to help prevent it.

Eligibility Requirements: None

Other Languages Offered: Spanish interpreter available upon request. Fees/Insurance: None

Northwestern Medicine Behavioral Health

(800) 765-9999

3701 Doty Rd., Woodstock IL 60098 www.nm.org

What we do: Northwestern Behavioral Health, located in McHenry County, offers comprehensive behavioral health services, including 24-hour crisis intervention in the emergency department, crisis stabilization, bed placement, follow-up navigation after discharge from the emergency department, Adult Outpatient PHP and IOP, and Adult Inpatient Behavioral Health.

Who we serve: Emergency Mental Health Services: Serves all ages, PHP/IOP and Inpatient BH serves adults

Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: Private Insurance, Medicaid, and Medicare accepted *Unfunded patients accepted in the Emergency Department.

Northwestern Medicine Woodstock Emergency Mental Health Services

(800) 765-9999

3701 Doty Rd., Woodstock, IL 60098 www.nm.org

What we do: The Northwestern Medicine Emergency Mental Health Team, located in McHenry County, offers comprehensive behavioral health services, including: 24-hour crisis intervention, Problem-solving/ support, Referral to available resources, Linkages to ongoing services, Face-to-face assessment, Screening admissions to local- and stateoperated mental health facilities

Who we serve: Emergency Mental Health Services: Serves all ages. BH Unit and PHP/IOP serves adults.

Eligibility Requirements: N/A

Other Languages Offered: Interpreter On Wheels and Voyce language line utilized when live interpreter not available for interpretation for 160 languages.

Fees/Insurance: Private Insurance, Medicaid, and Medicare accepted *Unfunded patients accepted in the Emergency Department.

Personal Growth Associates (For Profit Organization)

(847) 413-9700

1095 Pingree Rd., Suite 210, Crystal Lake, IL 60014 www.personalgrowthassoc.com admin@personalgrowthassoc.com

What we do: We are a multi-specialty behavioral health practice offering individual therapy for children, adolescents, and adults, family therapy, couples therapy, substance abuse counseling, and psychological testing.

Who we serve: Northwest suburbs

Eligibility Requirements: No eligibility requirements

Other Languages Offered: Spanish and Polish upon request **Fees/Insurance:** In-network with many insurance companies and Medicare

Pivotal Counseling Center (For Profit Organization)

Therapists are available Mon–Fri: 8:00 a.m. – 9:00 p.m., Sat: 8:00 a.m. – 4:00 p.m., Sun: 12:00 p.m. – 7:00 p.m.

(815) 345-3400

224 W. Judd St., Woodstock, IL 60098, 1301 Pyott Rd., #101, Lake in the Hills, IL 60156 and 665-B Tollgate Rd., Elgin, IL 60123

www.pivotalcounselingcenter.com hello@pivotalcounselingcenter.com

What we do: We are a team of mental health therapists who provide indiviudal, couples and family therapy. We have a diverse group of clinicians who specialize in treating people with depression, anxiety, bipolar disorder, post traumatic stress disorder, and addiction. We provide compassionate and quality care to people with histories of traumatic events and those experiencing stressful life events such as divorce, relationship issues, grief and loss, challenging parenting situations and other life transitions. We are competent in treating people who identify as LGBTQ+ and those with alternative lifestyles.

Who we serve: Individuals ages 4 and over, Couples, and Families

Eligibility Requirements: None

Other Languages Offered: English and Spanish

Fees/Insurance: We accept Aetna, BCBS PPO, Cigna, Humana, Magellan, Medicare, Meritain, United Healthcare, United Behavioral Health, Optum, Beacon Health Options, Value Options, UMR, TRICARE, certain BCBS HMO plans, and we offer sliding scale for those without coverage.

Rosecrance McHenry County

Mon–Thurs: 8:00 a.m. – 8:00 p.m., Fri: 8:30 a.m. – 5:00 p.m., Sat: 8:30 a.m. – 5:00 p.m.

(866) 330-8729 (815) 363-6132

Crystal Lake Office: 422 Tracy Ct., Crystal Lake, IL 60014 Rosecrance Dakota Office: 620 Dakota St., Crystal Lake, IL 60014, Recovery Home - Woodstock, IL 60098 www.rosecrance.org info@rosecrance.org, dbelicke@rosecrance.org

What we do: www.rosecrance.org

Who we serve: Rosecrance McHenry County outpatient mental health and substance abuse services. Mental Health ,Äi Patial Hospitalization Programs, Intensive Outpatient Programing, individual/family/group counseling and psychiatric evaluations. Substance Use- Intensive Outpatient Programing, individual counseling, medication management including Suboxone and Vivitrol. Licensed Recovery Home- transitional living substance use recovery program. Rosecrance Rockford Residential programs - adolescent/adult mental health and substance use programs.

Eligibility Requirements: Children, adolescents, young adults, adults and families.

Other Languages Offered: None

Fees/Insurance: Spanish & Polish Interpreters by phone available upon request.

Stages of Transformation, Inc.

Mon – Sat (Hours Vary)

(815) 382-3925

820 McArdle Dr., Unit C Crystal Lake, IL 60014 www.stagesoftransformation.org ColleenFuchs@stagesoftransformation.org

What we do: Our Mission is to provide a safe environment and resources for individuals to continue in their recovery journey and transform into the best version of themselves. Programs & Services We Offer: Workshops and Career Mentors, Access to Technology, Library of Resources, Health and Wellness, Trauma Informed Care, Job Skills & Educational Guidance.

Who we serve: Those in recovery.

Eligibility Requirements:

Other Languages Offered:

Fees/Insurance: Free Service

Streamwood Behavioral Healthcare Systems

24 hours a day 365 days a year

(630) 837-9000

1400 E. Irving Park Rd., Streamwood, IL 60107 www.StreamwoodHospital.com mustafa.mahmood@uhsinc.com What we do: Streamwood Behavioral Healthcare Systems offers mental health and psychiatric services.

Who we serve: We serve the community between the ages of 4 years old to 55 years old.

Eligibility Requirements: N/A

Other Languages Offered: 24/7 over the phone interpreting services offered for most languages

Fees/Insurance: Most private insurances and medicaid funded individuals

The Center for Courageous Living

Mon – Sat: 8:00 a.m. – 9:00 p.m.

(815) 707-4806

Crystal Lake: The Oaks Professional Center, 475 West Terra Cotta Ave., Suite E, Crystal Lake IL 60014 Cary: 1005 Alexander Crt., Suite E, Cary, IL 60013 www.centerforcourage.com katie@centerforcourage.com

What we do: We are a group counseling practice in both Cary and Crystal Lake. All are welcome here. We serve clients from McHenry County. We care for client struggling with needs such as mental health, trauma, relationship issues, abuse recovery, EMDR therapy; we offer Christian and faith-based counseling, addictions therapy, disordered eating support, grief and loss, anxiety, bipolar, depression, personality disorders, ADHD, OCD, emotionally focused and Gottman therapy for individuals and couples, child play therapy, adolescent therapy and more.

Who we serve: From childhood ages 3 and up; teens and adolescent care, adults, elderly, couples, marital and family

Eligibility Requirements: N/A

Other Languages Offered: None

Fees/Insurance: Self Pay options; managed care insurance accepted Self Pay: ranges from \$75 through \$160, Insurance partners: BCBS PPO, Blue Choice, BCBS Edge, Aetna PPO, Cigna PPO

The Mathers Clinic

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Mon – Fri: 8:00 a.m. – 5:00 p.m.

(815) 444-9999

145 South Virginia St., Crystal Lake, Illinois 60014, 715 W. Judd St., Woodstock, IL 60098 www.themathersclinic.com info@themathersclinic.com

What we do: We provide comprehensive mental health and psychiatric services. Mathers Clinic is comprised of a multi-disciplinary team and can provide specialized care to all mental health conditions. ADHD, GeneSight and PGX Swab testing available.

Who we serve: Children through Adult

Eligibility Requirements: N/A

Other Languages Offered: Spanish Interpreter Available

Fees/Insurance: Commercial, Private, Public (Medicaid/Medicare)

Thresholds

General Hours of operation Mon – Fri: 8:30 a.m. – 5:00 p.m. Clinic therapy hours offered 2 evenings a week.

(815) 338-8324

2030 N. Seminary Ave., Woodstock, IL 60098 www.thresholds.org mchenryintake@thresholds.org

What we do: Thresholds assists and supports persons with mental illness and substance use disorders reclaim their lives by providing comprehensive clinical interventions to achieve recovery and independent community living. Community Support, individual and group therapy, vocational services, supported housing, care coordination and physical health screening.

Who we serve: Adolescents and adults with mental health, cooccurring and substance use disorder throughout McHenry County.

Eligibility Requirements: Youth age 13 and through the lifespan. **Other Languages Offered:** Limited Spanish speaking staff and translation services for all languages offered.

Fees/Insurance: All funding types accepted and a sliding scale available.

Nicasa Behavioral Health Services (NICASA)

Mon: 8:00 a.m. – 6:00 p.m.; Tues – Thurs: 8:00 a.m. – 7:00 p.m.; Fri: 8:00 a.m. – 4:00 p.m.; Sat: 8:00 a.m. – 1:00 p.m. DUI Assessment Walk-In Schedule: Thurs – Fri 8:00 a.m. (Sign-up and Depends on Staff Availability) - No walk-ins after 12:00 p.m. Non-DUI Evaluation Walk-in Schedule: Tues– Wed: 8:00 a.m. (Sign-up and Depends on Staff Availability) - No Walk-Ins After 12 p.m.

(847) 546-6450

31979 N. Fish Lake Rd., Round Lake, IL 60073 www.nicasa.org info@nicasa.org

What we do: Nicasa Behavioral Health Services is a behavioral health and social service agency that has been serving the residents of Lake County since 1966. Our mission is to transform one life at a time through our behavioral and social health services, which is realized through our vision of strengthening the communities we serve by being the premier behavioral and social health service provider. We provide services across a continuum of care that includes education, prevention, early intervention, treatment, and recovery. All of our services are provided in English and Spanish and include, but are not limited to, substance use disorder, mental health and gambling disorder counseling, in-school prevention programs, Teen Court diversion youth diversion, parent education classes, family advocacy, and a residential recovery halfway house for adults. Gambling Services start with a free consultation, usually available within 24-48 hours. In-person or by Zoom. Call 847-201-7099 or email gambling@nicasa.org for the quickest response. All Gambling Services are available for free or at a reduced rate, or through insurance processing, based on the individual's needs.

Who we serve: Youth (12 years and older), adults, and families Eligibility Requirements: Individual program eligibility varies. Contact

us by phone or email to learn more

Other Languages Offered: Spanish and Korean

Fees/Insurance: Fees vary by service, and some are free. We accept private insurance, Medicaid, and self-pay (sliding scale). Contact us to determine fees and eligibility

National Alliance on Mental Illness McHenry County (NAMI)

Mon – Fri: 8:30 a.m. – 4:30 p.m.

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(815) 526-8243 620 Dakota St., Crystal Lake, IL 60012 www.namimch.org help@namimch.org

What we do: NAMI McHenry County offers support groups, educational classes, and advocacy as well as referrals for local services for persons living with mental illness and their family members, friends or others interested in mental health.

Who we serve: Anyone needing assistance with mental health issues. Eligibility Requirements: N/A

Other Languages Offered: Spanish interpreter available upon request. Fees/Insurance: None

SENIORS 60+

Cycling Without Age McHenry County

Mon–Sun

(815) 900-0146

166 W. Crystal Lake Ave, Crystal Lake, IL 60014 www.cyclingwithoutage.com/mchenry-county mchenrycounty@cyclingwithoutage.com

What we do: Cycling Without Age McHenry County (CWAMC) is a wonderful program which provides free recreational rides on threewheeled cycles called Trishaws, allowing isolated seniors to get outside, share stories and reconnect with their community. A Trishaw can accommodate one or two seniors at a time, and is pedaled by a volunteer, "pilot". An optional volunteer navigator on their own bicycle may also accompany the ride for additional safety and security.

Who we serve: Seniors across all of McHenry County

Eligibility Requirements: None

Other Languages Offered: N/A

Fees/Insurance: All services are free.

Elderwerks Educational Services

Mon-Fri: 9:00 a.m. - 5:00 p.m. or by appointment

(855) 462-0100

251 E. Northwest Hwy., Palatine, IL 60067 www.elderwerks.org help@elderwerks.org

What we do: Elderwerks is a not-for-profit 501(c)3 charitable organization and provides the following services: "Elderwerks is a not-for-profit 501(c)3 charitable organization and provides the following services: Advocacy: Elderwerks advocates for older adults and seniors who are at home or in a senior community or facility and not being supported properly. We offer these services to support older adults, seniors, caregivers, and their families: Education, Referrals (Senior Housing, Care, Support, and Benefits), Support Groups, Fitness Classes, Book Clubs, Aging Expos, Guidance for Any Aging Issue, and Experts in Helping Persons Living with Dementia. Housing Assistance: Elderwerks provides person-centered referrals for any type of senior housing including independent living, assisted living, memory care, supportive living, group homes, CCRCs, skilled nursing facilities, and low-income housing. Mental Health: Elderwerks provides personcentered information, referrals, and guidance, for any type of senior housing, care, supportive services, or benefits to help any older adult or senior to be safe and thrive wherever they are living. helping people stay home well or transition successfully.

Who we serve: Seniors

Eligibility Requirements: Older adults and seniors over 55 years of age or younger people with senior disabilities such as early-onset Alzheimer's Disease, Huntington's Disease, Parkinson's Disease, etc. Other Languages Offered: Translation Service Fees/Insurance: None

Harvard Community Senior Center/ Senior TechConnect/SHIP (Senior Health Insurance Program)

Mon – Thurs: 10:00 a.m. – 3:00 p.m.

(815) 943-2740

6817 Harvard Hills Rd., Harvard, IL 60033 www.harvardseniorcenter.org info@harvardseniorcenter.org

What we do: Senior Center with drop in and scheduled activites. Sr. TechConnect provides tablets to low income, isolated seniors, providing them with free data service and tech teaching to connect to family, friends and programs. SHIP is a free program that assissts Medicare beneficaries in navigating initial, open and special enrollment periods.

Who we serve: 60 and older

Eligibility Requirements: 60 and older

Other Languages Offered: Spanish

Fees/Insurance: Free Service

Also Supports: Seniors 60+, Advocacy and Support ServicesHarvard Community Senior Center/Senior TechConnect/SHIP (Senior Health Insurance Program)

Hearthstone Communities

24 hours a day, 7 days a week

(815) 334-6200

840 Seminary Ave., Woodstock, IL 60098 www.hearthstonewoodstock.org

What we do: Senior Living Community including independent duplex homes, independent communal living, assisted living, memory support, skilled nursing care, and physical rehabilitation

Who we serve: McHenry County residents 65 and older Eligibility Requirements: Assessment performed by our staff Other Languages Offered: Interpreter provided as necessary Fees/Insurance: Medicare, Medicaid, private pay

McHenry County PEARLS (Program to Encourage Active Rewarding LiveS) Program

By appointment

(815) 701-6605

6817 Harvard Hills Rd., Harvard, IL 60033 www.facebook.com/MCHENRYCOUNTYPEARLS info@mcpearls.org

What we do: PEARLS (Program to Encourage Active Rewarding LiveS) educates older adults about what depression is (and is not) and helps them develop the skills they need for self-sufficiency and more active lives. The program takes place in six to eight sessions over the course of 6 months in an older adult's home or a community-based setting that is more accessible and comfortable for older adults who do not see other mental health programs as a good fit for them. PEARLS also allows for coordination with their current health care providers where appropriate.

Who we serve: 60 and older Eligibility Requirements: 60 and older Other Languages Offered: Spanish

Fees/Insurance: Free Service

Senior Care Volunteer Network (SCVN)

Services can be requested for any day or time of the week but may be limited to volunteer availability. Office and lending closet hours are Mon – Fri: 9:00 a.m. – 3:00 p.m.

(815) 455-3120

42 East St., Suite C, Crystal Lake, IL 60014 www.scvnmchenrycounty.org info@scvnmchenrycounty.org

What we do: We are a volunteer program that exists to support our senior neighbors who live independently at home. We connect community volunteers with seniors who require assistance to maintain their dignity and quality of life. This unique program allows us the privilege to connect seniors to the community with compassion and care. Although we are not a home healthcare agency and we do not provide personal care, our volunteers can assist in ways to make living independently less challenging with services and support aiding with their activities of daily living. Services could include transportation, running errands, deliveries of food and other basic needs, help in the home with minor home and seasonal yardwork projects, and other requests from seniors that a volunteer maybe willing and able to help with.

Who we serve: Volunteers in the community who seek opportunities to serve their senior neighbors. Seniors 60+ who are living independently in their own homes. Individuals who need long-term or short-term durable medical equipment loans.

Eligibility Requirements: Seniors who need this assistance must be 60 years of age, live in their own homes, and reside in the McHenry County and /or Del Webb Huntley to be eligible for comprehensive services. They must complete and pass a criminal background check before receiving any in-person and at-home services. Transportation services and rides would require a rider to be fully ambulatory or be able to walk with no hands-on assistance. No handicapped vehicles are provided. Walkers and canes are acceptable. Pass a criminal background check. We do not have general income eligibility requirements to become a care recipient, but there may be income limitations to utilize some of the programs and services we offer.

Other Languages Offered: Spanish

Fees/Insurance: No Cost

Senior Services Associates, Inc.

Our offices are open Mon - Fri: 8:00 a.m. – 4:00 p.m. Additionally, our phones are answered 24/7 for emergencies.

Crystal Lake: (815) 356-7457 McHenry: (815) 344-3555

4704 Three Oaks Rd., Crystal Lake, IL 60014; 3519 N. Richmond Rd., McHenry, IL 60051 www.seniorservicesassoc.org help@seniorservicesassoc.org

What we do: Senior Services Associates, Inc. is a non-profit organization dedicated to sustaining and improving the quality of life for individuals age 60 and older, the disabled and their caregivers by providing access to the social services they need. We are dedicated to preserving their independence, promoting mental and physical wellbeing and protecting their rights and dignity. Senior Services provides case management, information, referral, outreach, Ombudsman (nursing home advocacy), abuse investigations (Adult Protective Services), recreation, activities, transportation, volunteer placement, caregiver support and respite, and much more.

Who we serve: Residents of McHenry County 60 and older

Eligibility Requirements: Senior Services serves all seniors, age 60 and older living within McHenry County. We also serve disabled adults age 18-59, veterans and caregivers. Each program that we offer may have additional requirements

Other Languages Offered: Spanish/Bilingual Care Coordinators Fees/Insurance: Free Service

SUBSTANCE ABUSE AND ADDICTION

Al-Anon Family Groups

(779) 800-9988

P.O. Box 1527 Crystal Lake, IL 60039 www.niafg.org

What we do: Northern IL Al-Anon Family Groups serve families and friends of alcoholics.

Who we serve: Friends and families of alcoholics

Eligibility Requirements: Friends and families of alcoholics

Other Languages Offered: Spanish upon request.

Fees/Insurance: Free service

Gateway Foundation

Consultations conducted Mon–Fri: 7:00 a.m. – 8:00 p.m., Sat: 8:00 a.m. – 6:00 p.m., Sun: 8:00 a.m. – 6:00 p.m.

24-Hour Helpline: 877-505-HOPE (4673) (877) 505-4673

25480 W. Cedarcrest Ln., Lake Villa, IL 60046 www.gatewayfoundation.org marketing@gatewayfoundation.org

What we do: Gateway Foundation has a 55-year history of saving lives through our compassionate team of highly credentialed and experienced medical and behavioral health staff. With 17 sites across Illinois, as well as virtually, we provide Addiction Medicine for adults who suffer from drug, alcohol and co-occurring mental health disorders. We offer a full continuum of care through proven and effective clinical approaches that give clients their best chance to achieve and sustain lifelong recovery. Traditional men's and women's programs as well as specialized programs for Young Men (18-26 yrs.), Alcohol Specific, Professionals, and Women & Trauma.

Who we serve: Adults

Eligibility Requirements: Treatment programs for those seeking recovery from substance use disorder or co-occurring disorders.

Other Languages Offered: Spanish interpreter available upon request. **Fees/Insurance:** Gateway is an in-network provider for most health insurance plans and accepts self-pay. In fact, we cover 98% of those with insurance.

The Guildhaus

Call for availability.

(708) 385-3228 2413 Canal St., Blue Island, IL 60406

www.guildhaus.org guildhaus@gmail.com

What we do: We are a men's level 3.1 recovery home. Who we serve: Men 18 and over who have a desire to become free from addiction.

Eligibility Requirements: Must come from a 28 day program.

Other Languages Offered: N/A

Fees/Insurance: N/A

Last Chance House

Please contact Last Chance House to schedule an interview.

(815) 893-0712

244 Second St., Crystal Lake, IL 60014 www.lastchancehouse.org lastchancehouse@gmail.com

What we do: Last Chance House is a sober-living facility for alcoholic men that governs itself using the principles taught in Alcoholics Anonymous (AA). Although Last Chance House hosts AA meetings, and uses the principles that are taught by the program of recovery in AA, it is not affiliated with AA. It does not accept insurance or government funding. It is self-supporting through donations and grants from individuals, community organizations and corporations. Last Chance House may or may not meet one of the many common definitions of a halfway house, but it resembles one in many ways. Since 2005, Last Chance House has provided a proven recovery method and a safe, structured environment to carry it out. Last Chance House is unwavering and true to its founding belief that a strong, long-lasting program of recovery begins when one alcoholic helps another alcoholic.

Who we serve: Alcoholic men with a desire for permanent sobriety.

Eligibility Requirements: Suffer from alcoholism and have a desire to stop drinking. Willing to participate in the program of recovery that is outlined in Alcoholics Anonymous. Seek and maintain regular employment. Complete daily chores, such as cleaning and cooking. Continue to pass drug & alcohol screenings.

Other Languages Offered: None

Fees/Insurance: Weekly rent is \$150. That includes basic food for meals.

Live4Lali

(844) 584-5254

3255 N. Arlington Heights Rd., Arlington Heights, IL 60004 www.live4lali.org info@live4lali.org

What we do: Live4Lali is a Non-Profit Organization that works on reducing harms and stigma assocciated with substance use and Substance Use Disorder. Live4Lali provides a variety of services including, but not limited to; Education/Training, Advocacy and Support, St. Outreach, Peer Support, Harm Reduction Supplies (including Fentanyl Test Strips, Narcan, Etc), and Treatment/Resource Navigation.

Who we serve: Anyone

Eligibility Requirements: None

Other Languages Offered: Spanish upon request

Fees/Insurance: Free Service

The Mathers Recovery Services, LLC

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Mon - Fri: 5:30 a.m. – 12:30 p.m., Sat: 7:30 a.m. – 11:30 a.m.

(847) 462-6099

420 Airport Rd., Elgin, IL 60123 101 Towne Center Ln., Fox Lake, IL 60020 www.themathersclinic.com info@themathersclinic.com

What we do: Opiod / Opiate Treatment - We provide addiction treatment at our Elgin & Fox Lake locations on an outpatient basis. Mathers Recovery offers detoxification, medication management, physician counseling and support.

Who we serve: Adult

Eligibility Requirements: N/A

Other Languages Offered: Spanish Interpreter Available Fees/Insurance: Commercial, Private, Public (Medicaid/Medicare)

Narcotics Anonymous (NA)

Visit our website for local meeting times.

(818) 773-9999

www.na.org

What we do: NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A

Fees/Insurance: N/A

New Directions Addiction Recovery Services

24/7 support with main office hours: Mon -Fri: 8:00 a.m. – 4:00 p.m.

(779) 220-0336

14411 Kishwaukee Valley Rd., Woodstock, IL 60098 www.ndars.org info@NDARS.org

What we do: We provide resources for individuals and families struggling with substance abuse and addiction. We operate multiple sober living homes in McHenry County, and a venue called The Other Side that hosts support groups, 12-step meetings, and evening fellowship events for those in recovery. We also provide Connect to Recovery and A Way Out Program which are community resource hotlines for those affected by substance-use disorders. Call McHenry County A Way Out Program at 815-347-0385 to connect with someone who's been there and that can help. This hotline is staffed 7 days a week from 8AM to 11PM.

Who we serve: Anyone suffering directly or indirectly from substance

Eligibility Requirements: For sober living home placement, individuals should call to be placed on a waiting list. Requirements may include established sobriety, active pursuit of employment, daily completion of household tasks, and regular attendance of 12-step meetings.

Other Languages Offered: None

Fees/Insurance: Weekly rent fees for sober living dependent on location.

Northern Illinois Recovery Center

We operate 24/7 and generally have same day or same week availability

Admissions (855) 458-1739 Non Admissions (815) 261-3450

620 North State Route 31, Crystal Lake IL 60012 www.northernillinoisrecovery.com info@northernillinoisrecovery.com

What we do: We are a Northern Illinois addiction treatment center offering multiple levels of treatment programs that are accessible and affordable. At Northern Illinois Recovery Center, our clients work on improving their lives and health while surrounded by a culture that focuses on achieving results. Our team is dedicated to provide individualized care to those who suffer from drug, alcohol and cooccuring disorders. We offer a continuum of care through proven and effective clinical approaches. We offer Adult inpatient Detox and Residential care as well as PHP, IOP, Evening outpatient services, Transitional Living, individual counseling and medication management /MAT services. We also offer Intensive Outpatient services for adolescents.

Who we serve: Adolescents and Adults.

Eligibility Requirements: People seeking recovery from substance use disorders or co-occuring disorders.

Other Languages Offered: N/A

Fees/Insurance: We Accept most commercial and private insurance, as well as private pay.

AllenForce

(779) 205-3314

PO Box 481, Plainfield, Illinois 60544 www.allenforce.org oneteam@allenforce.org

What we do: Developing and implementing programs to benefit veterans and their families nationwide, assist in educating civilians through our workshops to better understand and accommodate service members or veterans in their own communities, providing opportunities for the continued leadership and amazing talents of our veteran volunteers within the AllenForce family. Our programing focuses on health, fitness and recreation.

Who we serve: All veterans from all Eras.

Eligibility Requirements: Military service and families of military members

Other Languages Offered: N/A

Fees/Insurance: Free Service

American Legion Post 171 Crystal Lake IL

(312) 203 8617

PO Box 1713, Crystal Lake IL 60039 www.legioncrystallake171.org chuck452usa@gmail.com

What we do: To enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness. The American Legion's vision statement is "The American Legion: Veterans Strengthening America."

Who we serve: All Vetrerans no matter when and where they served Eligibility Requirements: All Vetrerans no matter when and where

they served

Other Languages Offered: N/A Fees/Insurance: \$40 Annual Dues

Capt. James A. Lovell Federal Health Care Center McHenry Community Based Outpatient Clinic

Mon – Fri: 7:30 a.m. – 4:30 p.m.

(815) 759-2306, 24/7 Telephone Care: (800) 393-0865 3715 Municipal Dr., McHenry, IL 60050

What we do: Provide a wide range of Health Care and Mental Health Services for veterans.

Who we serve: Veterans

Eligibility Requirements: Produce a DD214 and complete a means test or provide current Military ID

Other Languages Offered: Yes

Fees/Insurance: Free to a co-pay

Catholic Charities Chicago

(847) 782-4000

671 S. Lewis Ave., Waukegan, IL 60085 www.catholiccharities.net msiegel@catholiccharities.net

What we do: Helping veterans find jobs Who we serve: All Veterans Eligibility Requirements: Veterans and their families Other Languages Offered: N/A Fees/Insurance: Free Service

"Coming Home" Veterans Retreats

(847) 381-2625

420 W. County Line Rd., Barrington, IL 60010 www.jesuitretreat.org/pages/veterans-coming-home-retreats tlarson@jesuitretreat.org

What we do: The "Coming Home" Retreat offers a reflection on the transitions to and from military life. You'll spend a day away with others who understand what you've experienced. This retreat is for all interested individuals, regardless of their current faith practices.

Who we serve: All veterans and their families

Eligibility Requirements: All veterans and their families

Other Languages Offered: N/A

Fees/Insurance: Free Service

Community Crosswalk

Weekly office hours in Woodstock on Weds and by appointment

(815)-337-7734

Prairie View Apartments/Community Resources Office 411 Leah Ln., Suite 100, Woodstock, IL 60098 www.communitycrosswalk.org info@communitycrosswalk.org

What we do: Provide Pro Bono Legal Services for Low Income Veterans, Provide Free Tax Assistance for all Veterans and their dependents, including IRS Representation, Provide Work Opportunity Tax Credit Application Assistance and Training for Qualified Veterans and Employers of Qualified Veterans, Provide Fiscal Sponsorship/Fiscal Agent Service for Charitable Organizations or community projects that do not have IRS Exemption Designations

Who we serve: Veterans and their dependents/families

Older Adults, Local Employers willing to hire Veterans, Charities and Non Profit Organizations who do not have an IRS 501 (c) (3) exemption Individuals with worthy community projects not offered by another organization

Eligibility Requirements: Varies by program

Other Languages Offered: Spanish

Fees/Insurance: Free/Sliding Scale Fee Structure/Donations accepted

Great Lakes Adaptive Sports Association

(847) 283 0908

27864 Irma Lee Circle, Unit 101, Lake Forest, IL 60045 www.glasa.org/ chousner@glasa.org

What we do: Great Lakes Adaptive Sports Association (GLASA) strives to "Let No One Sit on the Sidelines" and operates under a mission to promote and support the optimal development and wellbeing of youth, adults and military veterans who have a physical or visual disability through the provision of inclusive recreation, fitness and competitive sports activities. GLASA offers opportunities for empowerment through education, leadership and training in collaboration with community-based organizations.

Who we serve: GLASA provides programming to individuals with physical and visual disabilities. Programming can be adapted to meet the needs of individuals who use manual or power wheelchairs, in addition to those with ambulatory disabilities.

Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Homes for Heroes

(847) 558-9422 535 Grant Street, Roselle, IL 60172 homesforheroesillinois@yahoo.com

What we do: N/A Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Illinois Department of Employment Security, Veterans Employment & Training Service

By appointment

(815) 338-7100 ext. 2792

500 Russell Court, Woodstock, IL 60098 www.ides.illinois.gov/jobs-workforce/veterans.html DES.MyVetRep@illinois.gov

What we do: Employment services for veterans and transitioning military service members.

Who we serve: Veterans

Eligibility Requirements: Transitioning military service members and veterans

Other Languages Offered: N/A

Fees/Insurance: None

Lovell Federal Health Care Center Homeless Walk-in Center

Mon–Fri: 9:00 a.m. – 4:00 p.m.

(224) 610-1148

3001 Green Bay Rd., North Chicago, IL 60064 www.va.gov/homeless/hchv.asp

What we do: Provides access to medical and psychiatric care for Veterans, and serves to address any emergency or immediate housing needs for homeless or at-risk Veterans

Who we serve: Veterans Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

McHenry County Marine Corps League

(847) 906-DDOG

PO Box 311, Woodstock, IL 60098 www.mchenrycountymcl.com

What we do: The League works very closely with the Marine Corps' M-4-L program, providing mentors nationwide. In areas of the country where there is no Marine Corps, "point of contact" the League works directly with M-4-L Headquarters to provide services to transitioning Marines.

Who we serve: Marine Veterans

Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: N/A

Oscar Mike

(505) 304 4854

21003 River Rd., Marengo, IL 60152 www.oscarmike.org info@oscarmike.org

What we do: As leaders of a revolution, we believe that through movement we have the power to change lives, and nowhere is that more profound than in our community engagement efforts.

Who we serve: Veterans

Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: N/A

SilverLeaf Leadership Communication (For profit organization)

(815) 355 6411

Crystal Lake, IL www.silverleaflc.com ryan.yantis@silverleaflc.com

What we do: SilverLeaf Leadership Communication helps people to become better leaders, to communicate better, and to honor veterans and their service.

Who we serve: Veterans and families

Eligibility Requirements: N/A Other Languages Offered: German & Spanish (limited) Fees/Insurance: N/A

Support over Stigma

(630) 492-0308

2551 Dukane Dr., St. Charles, IL 60174 www.supportoverstigma.org info@supportoverstigma.org zoeie@supportoverstigma.org

What we do: The goal of Support Over Stigma is to remove the stigma that comes with seeking help. Second is providing a safe haven of support to active duty military, veterans, first responders and their families, especially those battling PTSD and homelessness.

Who we serve: Veterans and families

Eligibility Requirements: Proof of military or first responder service

Other Languages Offered: N/A

Fees/Insurance: Free/sliding scale

Team RWB

(815) 245 3194 Crystal Lake IL www.teamrwb.org/ rlteiken@gmail.com bob.teiken@teamrwb.org

What we do: Team Red, White & Blue is the antidote to the isolation and health challenges they face. By forging America's leading health and wellness community for veterans, service members, and their families, we strive to make tomorrow better. Together, we will find strength and success.

Who we serve: Veterans and families Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

Veterans Assistance Commission of McHenry County (VAC)

Open Mon–Fri and after hours and weekends by appointment. Please telephone the office for an appointment. Calls are returned within one business day.

(815) 334-4229

667 Ware Rd., Suite 100, Woodstock, IL 60098 www.mchenrycountyil.gov/vac veterans@mchenrycountyil.gov

What we do: The Veterans Assistance Commission was created by McHenry County's Military Veterans Service Organizations to act as a central benefits office for veterans and their eligible family members. Services provided are based on the unique needs of our local veterans community. In addition to providing financial assistance and transportation to the Lovell Federal Health Care Center in North Chicago, the VAC provides professional representation to veterans and eligible family members before the US Department of Veterans Affairs for Disability Claims and Aid & Attendance Claims. The VAC also has a Caregiver Relief program that provides assistance for eligible families caring for a veteran or the surviving spouse of a veteran.

Who we serve: Veterans and Eligible Family Members

Eligibility Requirements: Veteran or surviving spouse of a US Military veteran

Other Languages Offered: N/A Fees/Insurance: N/A

Veterans Path to Hope

Mon – Fri: 8:30 a.m. – 5:00 p.m. (+ depending on the day), Sat: 9:00 a.m. – 12:00 p.m.

(815) 321-4673

805 S. McHenry Ave., Crystal Lake, IL 60014 www.veteranspathtohope.org info@vphope.org lfranz@vphope.org

What we do: Veterans Path to Hope is a non-profit resource that was created to provide hope, strengthen confidence, improve family life and uncover the options needed to meet the physical, emotional and other life challenges that many military veterans face in their daily lives. Services include: *New Horizons, a 20-bed transitional living shelter for homeless veterans, *Employment assistance to help homeless vets gain employment, *Housing assistance for veterans who are homeless or about to be, *Drop-in resource center that provides support, food pantry, and counseling, *Veteran Community Action Team, delivering furniture/food/household items, *Outdoors Program, offering therapeutic recreation to veterans and their families, *Legacy Corps for Veterans and Military Families, caregiver respite.

Who we serve: Veterans, active-duty service members, military family members, support persons of veterans and military service members, and families of the fallen.

Eligibility Requirements: New Horizons: Veterans must be eligible for VA healthcare, pass screening, Employment program: Veterans must be discharged under conditions other than dishonorable and housing challenged, All other programs: Eligibility depends upon the specific program, determined during assessment

Other Languages Offered: N/A

Fees/Insurance: All agency services are free of charge; residents at New Horizons contribute based on ability

VSO Illinois Dept of Veterans Services

Mon-Fri: By appointment only

(815) 338 9292 1301 Sunset Ridge Rd., Woodstock, IL 60098 www.illinois.gov/veterans melissa.m.downey@illinois.gov

What we do: VSOs can assist veterans and their families in many ways, including: answering questions, advising, and educating individuals and groups on what benefits are available from federal, state, county, and local resources. assisting persons in completing and filing benefit claims. representing individuals in VA hearings.

Who we serve: Veterans and families

Eligibility Requirements: Veterans, veterans' dependents

Other Languages Offered: Spanish

Fees/Insurance: None

YOUTH & CHILDREN

4-C: Community Coordinated Child Care

Mon - Thurs: 8 :00 a.m. – 5:00 p.m., Fri: 8:00 a.m. – 12:00 p.m. by phone only.

(815) 344-5510

667 Ridgeview Dr., McHenry, IL 60050 www.four-c.org kiml@four-c.org

What we do: Services for families including child care financial assistance to income eligible families, child care referrals and consumer education to those seeking child care.

Who we serve: Children and families in McHenry, DeKalb, Lee, Ogle, Carroll and Whiteside counties.

Eligibility Requirements: Free child care referrals and resource information. Financial assistance for income eligible working families, Teen parents enrolled full-time in elementary or high school or GED classes to obtain a high school degree or its equivalent. Recipients of Temporary Assistance to Needy Families (TANF). Other eligibility requirements may apply.

Other Languages Offered: Spanish (by phone) upon request. Fees/Insurance: Free service.

Alexander Leigh Center for Autism (ALCA)

Mon – Fri 8:00 a.m.– 4:30 p.m. (hours may vary)

(815) 344-2522

4100 Veterans Pkwy., McHenry, IL 60050 www.alcacenter.org info@alcacenter.org

What we do: ALCA is a 501(c)(3) nonprofit, full day, year-round Therapeutic Day School approved by the Illinois State Board of Education serving children 3 – 21 years old with autism spectrum disorder (ASD), OHI, multiple disabilities, developmental delay and/or intellectual disability. The Transition Program is for students 18 years old through the eve of their 22nd birthday. Focus for the Transition Program is on daily living/life skills including cooking, doing laundry, home organization, keeping a clean home, and working in the community.

Who we serve: Children 3 –21 years of age (eve of their 22nd birthday) **Eligibility Requirements:** Interview with parents and observation of student in current school. Call (815) 344-2522 and ask for admissions.

Other Languages Offered: N/A

Fees/Insurance: N/A

Be SMART for Kids

24/7

(847) 809-8004

P.O. Box 3886, New York, NY 10163 www.besmartforkids.org kathrosch.il@gmail.com

What we do: Our nonprofit, public safety organization is a 501(c)(3). The Be SMART campaign was launched in 2015 to promote responsible gun ownership in order to reduce child gun deaths. Whether you're a gun owner, or you know someone who owns a gun, there is a role for everyone in the conversation around secure gun storage. Be SMART is a framework that parents, caretakers, and community leaders can follow to help keep their communities safe. Ultimately, you can help prevent kids from accessing firearms by storing them securely, and encouraging others to do the same. Because children deserve to feel safe, no matter where they are.

Who we serve: Caretakers - Parents - Community Leaders

Eligibility Requirements: N/A

Other Languages Offered: Spanish

Fees/Insurance: Free Service

Big Brothers Big Sisters of McHenry County

Mon – Thurs: 9:00 a.m. – 5:00 p.m., Fri: Evenings, and weekends by appointment only.

(815) 385-3855

630 N. IL Route 31, Crystal Lake, IL 60012 www.bbbsmchenry.org office@bbbsmchenry.org

What we do: For over 35 years, Big Brothers Big Sisters of McHenry County has worked to provide children facing adversity with positive, adult mentors. Our mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth. Who we serve: Children, teens, and young adults between the ages of 6-24 at the time of enrollment. We serve individuals who are in need of a positive adult influence outside of their home.

Eligibility Requirements: Children, teens, and young adults must be McHenry County residents between the ages of 6-24 at the time of enrollment. Volunteers must be 18 years of age or older for our Community Based and Lunchtime Programs, and responsible high school students are eligible for our Afterschool Program. Volunteers must be 30 years of age or older for our BIG Futures Program.

Other Languages Offered: Spanish speaking staff member or an interpreter available upon request.

Fees/Insurance: None

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Birth to Five Illinois

(773) 739-2107

1226 Towanda Ave., Bloomington, IL 61701 www.birthtofiveil.com/region44 www.birthtofiveil.com/contact

What we do: To create a statewide regional infrastructure that will amplify input from communities in the development of policies and funding priorities. We support the mobilization of communities to build and sustain equitable access to inclusive, high-quality early childhood services for all children and families in the State of Illinois.

Who we serve: N/A Eligibility Requirements: N/A Other Languages Offered: N/A Fees/Insurance: N/A

CASA of McHenry County

Open Mon – Fri, No wait for participants once referral is sent

(779) 994-4398

382 W. Virginia St., Crystal Lake, IL 60014 www.casamchenrycounty.org info@casamchenrycounty.org

What we do: Court Appointed Special Advocate (CASA) trains volunteers to advocate in court for abused and neglected children. The Advocate is appointed by the court to be paired with the child during the child's court case. From the time of appointment until the child's case is closed the Advocate meets with the child twice a month, learns about the child's current environment, including the Foster Care or Group Home they are placed in, meets with any therapists, teachers, doctors, natural family members and any other persons the child interacts. The Advocate writes an objective report for the Judge, Caseworker and Attorneys so the child's perspective is heard. The Advocate has a one to one relationship with the child throughout the case.

Who we serve: Children in McHenry County who are abused/ neglected

Eligibility Requirements: Open McHenry County Juvenile Abuse Cases referred to CASA by the court

Other Languages Offered: Interpreters available

Fees/Insurance: No Fees

Child Advocacy Center of McHenry County

(815) 334-9597

1 S. Virginia St., Crystal Lake IL 60014 www.mchenrycac.org information@mchenrycac.org

What we do: The mission of the Child Advocacy Center of McHenry County is to reduce trauma to child victims of abuse through coordinating a timely, comprehensive, and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse. The Child Advocacy Center of McHenry County serves all children under the age of 18 in McHenry County where there is a suspicion of child sexual abuse, severe physical abuse, and/or a child witness to a violent crime.

Who we serve: N/A

Eligibility Requirements: N/A

Other Languages Offered: N/A

Fees/Insurance: Free Service

Community Action Agency for McHenry County Head Start

Mon – Fri: 8:00 a.m. – 5:00 p.m. Family Service Workers are available in the Woodstock office to assist families with the application process and eligibility questions. Walk-ins are always welcome.

(815) 338-8790

100 N. Benton St. Suite 3, Woodstock, IL 60098 www.headstartmchenrycounty.org/ info@headstartmchenrycounty.org

What we do: Head Start is a federally-funded national preschool program that delivers services to children and families in core areas of early learning, health, and family well-being while engaging parents as partners every step of the way.

Who we serve: Children who reside in McHenry County between the ages of 3 to 5 years. Center locations in Crystal Lake, Harvard and McHenry.

Eligibility Requirements: Children ages 3 to 5 from families with low income, according to the Poverty Guidelines published by the Federal government, are income eligible for Head Start services. Also, children in Foster Care, Homeless children, and children from families receiving public assistance such as TANF, SNAP, and SSI are categorically eligible for Head Start services regardless of income. Applications for enrollment are accepted throughout the calendar year for age eligible children.

Other Languages Offered: Spanish

Fees/Insurance: At no cost to eligible families.

Crystal Lake Teen Center-The BREAK

Mon – Thurs: 4:00 p.m. – 8:00 p.m., Fri: 5:00 p.m. – 10:00 p.m. And by appointment

(779) 220-4080

6292 Northwest Highway, Crystal Lake, IL 60014 www.clbreak.com admin@clbreak.com

What we do: The BREAK is a safe place for adolescents and young adults to find recreational opportunities such as music, art, open mic nights, gaming (computer and pool and ping pong). A sense of community and belonging are cornerstones of the BREAK. The BREAK also collaborates and coordinates with other organizations and is able to connect members and families to resources when needed. The BREAK is a member of YEA-The Youth Empower Alliance

Who we serve: Adolescents middle school - high school drop in hours; young adults 18-26 by appointment and special programs

Eligibility Requirements: Adolescent or young adult seeking recreational activities and a sense of community

Other Languages Offered: English speaking and Spanish upon request.

Fees/Insurance: \$10/month membership fee; nobody is ever turned away for inability to pay

First Church Buddy Break

(815) 459-0785

236 W. Crystal Lake Ave., Crystal Lake, IL 60014 www.budybreakcl.info

What we do: Buddy Break is a FREE Parents Day Out/respite program where kids with all types of special needs (VIP kids) have FUN while their parents get a BREAK. At Buddy Break, VIP kids and their siblings make new friends, play games, do crafts, hear children's stories, enjoy music and more! Meanwhile, parents get a break from their ongoing cargiving responsibilities for three hours on a Saturday morning.

Who we serve: McHenry County Families with children who have any special need

Eligibility Requirements: Any diagnosis of a particular need

Other Languages Offered: Primarily English, some limits translation for Spanish is available

Fees/Insurance: Buddy Break is a free respite program. There is no charge of any kind.

Free Guitars for Future Stars

(815) 975-7989

P.O. Box 1781, Woodstock, IL 60098 www.fg4fs.org scottn728@comcast.net

What we do: Free Guitars for Future Stars provides guitars and guitar lessons. Students that complete the basic lesson program are rewarded with an acoustic guitar. Students that graduate from the basic program are invited to a summer camp and can also apply for advanced lessons. Free Guitars for Future Stars is currently looking at starting pilot programs to: Provide guitars and lessons for veterans in need through local veteran organizations; providing guitars and lessons at local homeless shelters; and providing guitars and lessons through local mental health organizations.

Who we serve: Children age 10-17 from low income McHenry County families.

Eligibility Requirements: Children age 10-17 from low income McHenry County families. "At risk" students refered by a McHenry County child or family organization.

Other Languages Offered: N/A

Fees/Insurance: Free Service

Girls on the Run of Northwest Illinois

Available to every girl who would like to participate in our program.

(815) 893-0259

111 Erick St., Suite 115, Crystal Lake, IL 60014 www.gotrnwil.org info@gotrnwil.org

What we do: At Girls on the Run we inspire girls to recognize their inner strength and celebrate what makes them one of a kind. Trained coaches lead small teams through our research-based curricula which includes dynamic discussions, activities and running games. Over the course of the ten-week program, girls in 3rd-8th grade develop essential skills to help them navigate their worlds and establish a lifetime appreciation for health and fitness. The program culminates with girls positively impacting their communities through a service project and being physically and emotionally prepared to complete a celebratory 5K event.

Who we serve: Girls in 3rd – 8th Grade

Eligibility Requirements: In order for the program to be offered at your school we must have (2) volunteer coaches per (15) girls. Each participate must be a girl in 3rd-8th grade.

Other Languages Offered: Spanish (where applicable)

Fees/Insurance: Sliding scale fee system, see website for details.

Mon–Fri: 6:15 a.m. – 5:30 p.m.

(815) 338-1954

350 Christian Way, Woodstock, IL 60098 www.hearthstonewoodstock.org/preschool/ hearthstoneelc@hearthstonewoodstock.org

What we do: Early childhood education, pre-school, before and after-school care, child care, all day summer camp
Who we serve: Children
Eligibility Requirements: Children ages 6 weeks - 12 years
Other Languages Offered: Spanish, German, Russian
Fees/Insurance: Private Pay, DHS, DCFS, Scholarship

Illinois Early Intervention Clearinghouse

Mon – Fri: 8:00 a.m. – 5:00 p.m.

(217) 333-1386

Children's Research Center, Room 20, 51 Gerty Dr., Champaign, IL 61820 www.eiclearinghouse.org illinois-eic@illinois.edu

What we do: Statewide library for families with young children and for early childhood education and care providers.

Who we serve: Illinois residents - Families with young children - Early childhood education and care providers

Eligibility Requirements: Illinois Resident

Other Languages Offered: Spanish

Fees/Insurance: None

Kids in Need of McHenry County

Mon–Fri: 8:00 a.m. – 5:00 p.m., Sat: 8:00 a.m. – 12:00 p.m.

(815) 310-5437 PO Box 183, McHenry, IL 60051 www.kinmc.org contact@kinmc.org

What we do: KIN provides resources to children in need. We accomplish our mission by working with foster parents, social workers, schools and agencies to identify the needs of the child. Once the request is submitted, the caregiver or the professional working with the child can shop at our ,Äúfree store,Äù located at 89 $\neg \Omega$ Grant St, Crystal Lake. We also deliver resources directly to the child either to their school or home.

Who we serve: We provide resources to children and support child caregivers and providers.

Eligibility Requirements: In order to be served by KIN, a referral needs to be made by a social worker or the professional serving the child.

Other Languages Offered: N/A Fees/Insurance: N/A

One Million Monarchs Teen Grief Support

Always open

(779) 220-4080 6292 Northwest Hwy., Crystal Lake, IL 60014 www.clbreak.com admin@clbreak.com

What we do: One Million Monarchs (OMM) serves Teens (12-19) in McHenry County who are grieving the loss of a parent, sibling or close friend. We provide financial support to secure counseling by a licensed therapist specifically skilled in addressing teen grief. Our monthly teen grief support group connects peers who have experienced similar loss, where teens can openly share and not feel alone. OMM also supports bereaved parents through one-on-one and group grief coaching and family retreats that help families heal together. Contact Crystal Lake Teen Center THE BREAK for this program

Who we serve: Bereaved Teens, aged 12-19 and their families.

Eligibility Requirements: Teens (12-19) who are grieving the loss of a parent, sibling or close friend.

Other Languages Offered: N/A Fees/Insurance: Free Service

UIC Division of Specialized Care for Children

Mon–Fri: 8:00 a.m. w– 4:30 p.m.

(800) 322-3722 801 N. Perryville Rd., Suite #5, Rockford, IL 61107-6232 www.dscc.uic.edu dscc@uic.edu

What we do: We partner with Illinois families and communities to help children and youth with special healthcare needs connect to services and resources.

Who we serve: Through the Core Program, we help children and youth with chronic medical conditions. Through the Home Care Program, we help individuals who are medically fragile and technology dependent. Check out our website or call our office to find out how we can help you.

Eligibility Requirements: The Core Program offers care coordination to children and youth birth to age 21, who live in Illinois, and have a chronic, physical condition. Financial assistance may be available, based on your income. Call us to see if you're eligible. The Home Care Program offers care coordination and arranges nursing for individuals who require in-home nursing. Eligible individuals live in Illinois and have a technology dependence and care requirement. Eligibility is determined by Illinois Department of Healthcare and Family services. We can help you gather all the information needed to apply

Other Languages Offered: Spanish-speaking staff available, other languages available through language line.

Fees/Insurance: N/A

Willow House

Mon – Fri: 9:00 a.m. – 5:00 p.m. unless a national holiday.

(847) 236-9300 2231 Lakeside Dr., Bannockburn, IL 60015 www.willowhouse.org info@willowhouse.org

What we do: The mission of Willow House is to provide grief support and education for youth, families, schools and other communities grieving the death of a parent, sibling, or child. Our free services are where hope lives and healing begins, providing space for people to grieve in companionship with others who share a similar loss. Our vision is that no child, teen or parent grieves alone.

Who we serve: Families with children ages 3-28 or those who are dealing with suicide loss.

Eligibility Requirements: Must be an immediate family member who has died.

Other Languages Offered: N/A

Fees/Insurance: Free Service

Youth and Family Center of McHenry County

Mon – Fri: 9:00 a.m. - 5:30 p.m./ Appointment based. *Times may vary depending on program*

(815) 322-2357

1011 N. Green St., McHenry IL 60050 www.yfc-mc.org esaucedo@yfc-mc.org

What we do: The Youth and Family Center of McHenry County (YFC) exists to ensure empowerment and growth for youth and families by partnering with our community to provide direct services and linkage to individuals in McHenry County. YFC offers the following programs to primarily low-income families to equip and empower them with the education, tools, and skills they need: Family services integrate, educate, and empower youth and their families with vital skills and knowledge to improve their quality of life and become active community participants. Youth program provides prevention and intervention support to school-aged youth and teenagers (1st-12th grade) by strengthening social, emotional, and life skills through after-school and summer programming. The Bilingual Service Navigation program provides community linkage and support through referrals, navigation, and case management services. YFC envisions a collaborative community that provides equal opportunities, resources, and support to all individuals.

Who we serve: YFC serves any resident in McHenry County, especially underserved and low income youth and families; immigrants.

Eligibility Requirements: Must be a resident in McHenry County. Eligibility may vary depending on intake and needs assement.

Other Languages Offered: Spanish and English

Fees/Insurance: Free Service

CHILDHOOD SCREENINGS

DEVELOPMENTAL SCREENINGS (BIRTH TO 3)

Helping Us Grow (HUG) Program Prevention Initiative

Provides support to parents to enhance child development, family wellbeing and support positive parent-child interactions. Free developmental screenings

(815) 477-4720 365 Millennium Dr., Suite A Crystal Lake IL 60012 www.optionsandadvocacy.org

Options & Advocacy for McHenry County

Illinois Early Intervention Program- concerns regarding delays in development. Free developmental evaluation

(815) 477-4720 365 Millennium Dr., Suite A Crystal Lake IL 60012 www.optionsandadvocacy.org

SCHOOL DISTRICT LOCATIONS FOR EARLY CHILDHOOD DEVELOPMENTAL SCREENING (AGES 3-5)

*Provides screenings for birth-3 years

District 2: Spring Grove/Nippersink Richmond Grade School

(815) 678-6866 5815 Broadway, Richmond, IL 60071

District 3: Algonquin Road Elementary School

(847) 516-5100 403 Orchard St., Fox River Grove, IL 60021

District 12: Mchenry/Johnsburg Ringwood School

(815) 385-6460 4700 School Rd., Ringwood, IL 60072

District 15: Mchenry Edgebrook Elementary School

(815) 385-3123 701 North Green St., Mcheenry, IL 60050

*District 19: Hebron Alden-Hebron Community Consolidated Schools

(815) 648-2442 ext 1224 11915 Price Rd., Hebron, IL 60034

District 26: Cary/ Fox River Grove (District 3) Community Consolidated Schools

(224) 357-5100 ext 4 2115 Crystal Lake Rd., Cary, IL 60013

District 36: Wonder Lake Harrison Elementary School

(815) 653-2311 6809 McCullom Lake Rd., Wonder Lake, IL 60097

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District 46: Prairie Grove Prairie Grove Jr. High

(815) 459-3557 ext 4201 3325 Rte 176, Crystal Lake, IL 60014

District 47: Crystal Lake Glacier Ridge PreK

(815) 788-3100 1120 Village Rd., Crystal Lake, IL 60014

*District 50: Harvard Washington School

(815) 943-6367 305 S Hutchinson., Harvard, IL 60033

District 158: Huntley Chesak Elementary School

(847) 659-6156 10910 Reed Rd., Lake In the Hills, IIL 60156

District 165: Marengo Locust Elementary School

(815) 568-7632 539 S Locust St., Marengo, IL 60152

*District 200: Woodstock Verda Dierzen Early Learning Center

(815) 338-8883 2045 N Seminary Ave., Woodstock, II 60098

*District 300: Algonquin DeLacey Family Education Center

(224) 484-2300 50 Cleveland Ave., Carpentersville, IL 60110

AUTISM SCREENINGS

Options & Advocacy

Free Autism screenings for children 3 and up (815) 477-4720 365 Millennium Dr Suite A Crystal Lake IL 60012 www.optionsandadvocacy.org

FOOD PANTRIES

12 Baskets Share Center at Calvary Church

Wed: 1:00 p.m – 3:00 p.m. (815) 459-4456 5906 Route 31, Crystal Lake, IL 60014

Algonquin/L.I.T.H Food Pantry

Tues & Thurs: 9:30 a.m. – 11:30 a.m., 1st & 3rd Sat of the month: 9:30 a.m. – 11:30 a.m.

(847) 854-1904 1113 Pyott Rd., Lake in the Hills, IL 60156 www.alith-foodpantry.org/

Big Table at Church of Holy Apostles

Tues: 5:00 p.m. – 6:00 p.m.

(815) 669-0188 26238 N. Route 59, Wauconda, IL 60084 www.fusionchurch.com/big-table

Cary Grove Food Pantry

Tues & Thurs: 4:00 p.m. – 6:00 p.m., 1st, 2nd & 3rd Sat: 9:00 a.m. – 11:00 a.m.

(847) 516-3602 8901 Cary-Algonquin Rd., Cary, IL 60013 www.cgfoodpantry.org/

Casa De Vida

Thurs: 4:30 p.m. – 6:00 p.m.

(815) 669-1406 4513 Front Royal Dr., McHenry, IL 60050 www.cdvmchenry.org/food-pantry

Community Food Pantry of Richmond/ Spring Grove

(224) 444-0117 5512 May Ave, Richmond, IL 60071 www.stjosephrichmondil.weconnect.com/food-pantry

Crystal Lake Food Pantry

Mon, Wed & Fri: 10:00 a.m. – 2 p.m., Thurs: 5:00 p.m. – 7:00 p.m., Sat: 9:00 a.m. – 12:00 p.m.

(815) 455-0961 42 East St., Crystal Lake, IL 60014 www.clfoodpantry.org/

Faith Acres Foundation

All first pantry appointments are scheduled through the main phone number and clients will be sent to the pantry that is close to their home.

(815) 669-0188 215 E. State Rd., Unit H, Island Lake, IL 60042 www.info@faitha.org

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First Church Mobile Food Pantry

Fri: 1:30 p.m. – 4:00 p.m. (815) 459-0785 The Chapel, 1809 S. Route 31, McHenry, IL 60050 www.firstchurchcl.org

FISH of McHenry Food Pantry

Tues & Thurs: 9:00 a.m. – 11:30 a.m., 3rd Tues of each month: 4:30 p.m. – 6:30 p.m.

(815) 344-4717 3515 N. Richmond Rd., McHenry, IL 60051 www.fishofmchenry.org/

Grafton Food Pantry

Mon: 3:00 p.m. – 7:00 p.m., Wed & Fri: 1:00 p.m. – 4:00 p.m., 1st Sat of each month - 9:00 a.m. – 11:00 a.m. by appointment only

(847) 495-0922 11481 Allison Ct., Huntley, IL 60142 www.graftonfoodpantry.org

Harvard Food Pantry

Tues: 9:30 a.m. – 11:30 a.m., 3:00 p.m. – 5:00 p.m.

(815) 943-4909 6817 Harvard Hills Rd. Harvard, IL 60033 www.facebook.com/HCFP1

Hebron Community Food Pantry

1st & 3rd Thurs: 2:00 p.m. – 4:00 p.m. (815) 790-7267 10206 Seaman Rd., Hebron, IL 60034 www.facebook.com/profile.php?id=100040081646330

Northern IL Helping Hands

Tues & Thurs: 3:30 p.m. – 6:30 p.m.

(815) 245-7345 2505 Spring Ridge Dr., Suite B, Spring Grove, IL 60081

Northern Illinois Food Bank Mobile Market

Go to website to get mobile food pantry schedule for McHenry County

St. Ann's Episcopal Church, 510 W. South St., Woodstock, IL 60098 (location may vary) www.solvehungertoday.org/get-groceries-resources/

Salvation Army of McHenry County

Mon: 1:00 p.m. – 3:00 p.m. (except holidays) (815) 455-2769 290 W. Crystal Lake Ave, Crystal Lake, IL 60014 https://centralusa.salvationarmy.org/mchenry

The M.O.R.E. Center Food Pantry

Wed: 9:00 a.m. – 12:00 p.m., Thurs: 4:00 p.m. – 6:30 p.m. (815) 568-7950

829 Greenlee St. Marengo, IL 60152 www.marengomorecenter.org

Wauconda/Island Lake Food Pantry

Mon - Sat: 10:00 a.m. – 12:00 p.m., Tues & Thurs: 4:30 p.m. – 6:00 p.m. (847) 526-8684 505 W. Bonner Rd., Wauconda, IL 60084 www.wilfp.org

Wonder Lake Neighbors Food Pantry

Wed: 10:00 a.m. – 12:00 p.m., Sun: 11:00 a.m. – 12:00 p.m. (815) 355-5459 3506 E. Wonder Lake Rd., Wonder Lake, IL 60097 www.wlnfp.org/

Woodstock Food Pantry

Mon, Wed & Fri: 9:00 a.m. – 3:00 p.m. (815) 337-0375 1033 Lake Ave, Woodstock, IL 60098 www.woodstockfoodpantry.org

Woodstock Public Library Food Pantry

The library outside food pantry is located to the left of the front entrance and is available 24/7. The indoor food pantry is avilable during regular library hours.

(815) 338-0542 414 W. Judd St., Woodstock, IL 60098 www.woodstockpubliclibrary.org/library/page/public-foodpantry

LEGISLATIVE DIRECTORY

President Joe Biden

(202) 456-1414 The White House, 1600 Pennsylvania Ave. NW, Washington, DC 20500 www.whitehouse.gov whitehouse.gov/contact

U.S. REPRESENTATIVES

Bill Foster, 11th District

(630) 585-7672 2000 W. Galena Blvd., Suite 303, Aurora, IL 60506 foster.house.gov foster.house.gov/contact/email-me

Brad Schneider, 10th District

(847) 383-4870 111 Barclay Blvd., Suiote 200, Lincolnshire, IL 60069 schneider.house.gov schneider.house.gov/contact

Governor of Illinois JB Pritzker

(217) 782-0244 207 Statehouse, Springfield, IL 62706 www2.illinois.gov/sites/gov gov.illinois.gov/contact-us.html

Darin Lahood, 16th District

(779) 238-4785 527 Colman Center Dr., Rockford, IL 61108 lahood.house.gov lahood.house.gov/contact

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(773) 506-7100 4500 Oakton St., Skokie, IL 600767 schakowsky.house.gov schakowsky.house.gov/zip_authentication?form=/contact/ email-me

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Dick Durbin

(312) 353-4952 230 S. Dearborn St., Suite 3892, Chicago, IL 60604 www.durbin.senate.gov www.durbin.senate.gov/contact

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(312) 886-3506 230 S. Dearborn St., Suite 3900, Chicago, IL 60604 www.duckworth.senate.gov www.duckworth.senate.gov/connect/email-tammy

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(815) 880-5340 1072 Lake Ave Woodstock, IL 60098 repstevenreick.com repstevenreick.com/contact/

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(847) 629-5439 74 E. Grand Ave, Suite 104, Fox Lake, IL 60020 repweber.com repweber.com/contact/

Joe Sosnowski, 63rd District

(815) 547-3436 305 Amphitheater Dr., Rockford, IL 61107 joesosnowski.org joesosnowski.org/contact/

STATE SENATORS

Dave Syverson, 35th District

(815) 987-7555 527 Coleman Center Dr., Cherry Valley, IL 61108 www.senatordavesyverson.com/ www.senatordavesyverson.com/contact

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(815) 455-6330 5400 W. Elm St., Suite 103, McHenry, IL 60050 www.senatorwilcox.com www.senatorwilcox.com/contact/

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Donald P. DeWitte, 33rd District

(847) 214-8245 641 S. 8th St., West Dundee, IL 60118 www.senatordewitte.com www.senatordewitte.com/contact/

MCHENRY COUNTY BOARD

www.mchenrycountyil.gov/departments/county-board/meet-your-county-board-members

MCHENRY COUNTY BOARD CHAIRMAN

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Jim Kearns

847-875-4852 14714 Harmony Rd., Huntley, IL 60142 jakearns@mchenrycountyil.gov

ST. VINCENT de PAUL SOCIETY

The St. Vincent de Paul Society is a worldwide organization of Catholic men and women volunteering to help those in need – spiritually, economically, and emotionally. If you or someone you know are in need of help, please contact your local chapter.

Christ the King Conference

(815) 653-2561 5006 East Wonder Lake Rd., Wonder Lake, IL 60097

Holy Apostles Conference

(815) 385-9946 5211 West Bull Valley Rd., McHenry, IL 60050

Sacred Heart Conference

(779) 548-5057 323 N. Taylor St., Marengo, IL 60152

St. Margaret Mary Conference

(847) 628-5161 111 South Hubbard St., Algonquin, IL 60102

St. Peter Conference

(815) 675-2288 2118 Main St., Spring Grove, IL 60081

St. Elizabeth Ann Seton Conference

(815) 459-3033 1023 McHenry Ave., Crystal Lake, IL 60014

St. Mary Conference Huntley

(224) 569-2100 10307 Dundee Rd., Huntley, IL 60142

SS Peter & Paul Conference

(847) 516-2636 Ext 399 410 North First St., Cary, IL 60013

St. Mary Conference Woodstock

(815) 334-7711 312 Lincoln Ave., Woodstock, IL 60098

St. Thomas the Apostle

(779) 800-6742 451 W. Terra Cotta Avenue, Crystal Lake, IL 60014

THRIFT STORES

AbleLight Thrift Store (815) 455-2325 7606 US Hwy. 14, Crystal Lake IL 60014

Alden Resale Shop

(815) 648-4545 16421 IL-173, Harvard, IL 60033

Family Thrift Shop (815) 219-8045 1684 S. Eastwood Dr., Woodstock, IL 60098

Goodwill (Algonquin)

(847) 458-1762 1430 E. Algonquin Rd., Algonquin, IL 60102

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Goodwill (Crystal Lake)

(224) 333-0064 1016 Central Park Dr., Crystal Lake, IL 60014

Goodwill (Huntley)

(847) 669-9338 11900 Kreutzer Rd., Huntley, IL 60142

Goodwill (McHenry)

(815) 385-3160 2006 N. Richmond Rd., McHenry, IL 60050

Habitat for Humanity ReStore

(815) 331-8153 903 Front St., McHenry, IL 60050

Habitat for Humanity ReStore

(815) 334-0500 2205 S. Eastwood Dr., Woodstock, IL 60098

Heavenly Attic Resale Shop (847) 854-4552

307 S. Main St., Algonquin, IL 60102

Kiddy Korner Children's Resale

(815) 578-9185 3716 Elm St., Mchenry IL 60050

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Little Christopher's

(815) 459-9442 469 Lake St., Crystal Lake, IL 60014

On Angels' Wings, Inc

(815) 356-8170 6500 Northwest Hwy., Unit 2D Crystal Lake, IL 60014

Pink Door Thrift Store

(815) 344-4560 3741 West Elm St., Mchenry IL 60050

The Presbyterian Church Thrift Store

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(815) 596-1046 119 South State St., Marengo, IL 60152

Salvation Army Thrift Store

(815) 759-9101 4400 West Elm St., McHenry IL 60050

Savers

(815) 444-0276 230 W Virginia St., #50 Crystal Lake, IL 60014

Sparrow's Nest Thrift Store (Cary)

(847) 639-4082 380 Northwest Hwy Cary, IL 60013

Sparrow's Nest Thrift Store (McHenry)

(815) 363-6008 3714 West Elm St. McHenry, IL 60050

Sparrow's Nest Thrift Store (Woodstock)

(815) 206-5070 120 East Calhoun, Woodstock, IL 60098

TOWNSHIPS

Alden

(815) 648-2720 8515 Alden Rd., Harvard, IL 60033 www.alden-township.org www.alden-township.org

Preston Rea - Supervisor prestonrea@gmail.com

Algonquin (847) 639-2700 Extension 7

3702 Northwest Highway, Crystal Lake, IL 60014 www.algonquintownship.com www.algonquintownship.com/contact/

Randy Funk - Supervisor rfunk@algonquintownship.com

Burton

(815) 482-5112 1917 Main St., Spring Grove, IL 60081 www.burtontwp.com supervisor@burtontwp.com

John Flood - Supervisor supervisor@burtontwp.com

Chemung

(815) 943-4558 807 8th St., Harvard, IL 60033 www.toi.org/township/mchenry-county-chemung-township/ chemungsupervisor@gmail.com

Samuel J Finfrock - Supervisor ChemungSupervisor@gmail.com

Coral

(815) 923-2430 6550 Olsen Rd., Union, IL 60180 www.toi.org/township/McHenry-county-Coral-township coraltownshipclerk@gmail.com

William Damisch - Supervisor 815-923-2430

Dorr

(815) 338-0125 1039 Lake Ave, Woodstock, IL 60098 www.dorrtownship.com supervisor@dorrtownship.com

Susan J. Brokaw - Supervisor supervisor@dorrtownship.com

Dunham (815) 943-5598

107 Airport Rd., Harvard, IL 60033 www.toi.org/township/mchenry-county-dunham-township assessor@dunhamtownship.com

John Pihl - Supervisor (815) 943-5751

Grafton

(847) 669-3328 10109 Vine St., Huntley, IL 60142 www.graftontownship.us supervisor@graftontownship.us

Eric Ruth - Supervisor supervisor@graftontownship.us

Greenwood

(815) 648-4653 5211 Miller Rd., Wonder Lake, IL 60097 www.greenwoodtownship.net greenwoodtownship.net/contact-us

Lisa Maire - Supervisor barb.klasen@gmail.com

Hartland

(815) 338-5526 15813 Nelson Rd. Woodstock, IL 60098 www.toi.org/township/McHenry-county-Hartland-township hartlandtownship@yahoo.com

Charles Kruse - Supervisor hartlandtownship@yahoo.com

Hebron (815) 648-2994

10206 Seaman Rd., Hebron, IL 60034 www.toi.org/township/mchenry-county-hebron-township hebronsupervisor@gmail.com

Nancy Lech - Supervisor hebronsupervisor@gmail.com

Marengo (815) 568-1355

4010 North Route 23, Marengo, IL 60152 www.marengotownship.org supervisor@marengotownship.org

John R. Burns - Supervisor supervisor@marengotownship.org

McHenry (815) 385-5605

3703 N. Richmond Rd., Johnsburg, IL 60051 www.mchenrytownship.com supervisor@mchenrytownship.com

Gary Barla - Supervisor supervisor@mchenrytownship.com

Nunda

(815) 459-4011 3510 Bay Rd., Crystal Lake, IL 60012 www.nundasupervisor.com www.nundasupervisor.com/contact-us/

Leda Bobera-Drain - Supervisor super@nundatownship.com

Richmond (815) 678-0077

7812 South Route 31, Richmond, IL 60071 www.richmondtownship.org www.richmondtownship.org/contact

Paul Hain - Supervisor richmondtwpsuper@gmail.com

Riley (815) 568-7001 8910 S. Route 23, Marengo, IL 60152 www.rileytwp.com supervisor@rileytwp.com

Karen Schnable - Supervisor supervisor@rileytwp.com

Seneca

(815) 923-2288 16506 Garden Valley Rd., Woodstock, IL 60098 www.senecatownship.com senecaa@mc.net

Josh Brown - Supervisor senecaa@mc.net

AFFORDABLE OR SUBSIDIZED HOUSING

CARY

Cary Senior Living (ages 62+) 880 Feinberg Dr., Cary 60013 (847) 829-4244

Garden Place Apartments

225 N. First St., Cary, IL 60013 (224) 888-0176

CRYSTAL LAKE

Briarwood West Apts.

1470 Briarwood Cir., Crystal Lake, 60014 (815) 459-7788

Congress Parkway

383 Ambassador Cir., Crystal Lake, IL 60014 (815) 459-4280

Crystal Terrace Apts.

192 and 210 Elmhurst, Crystal Lake, IL 60014 (815) 338-5151

Gabel Point (Ages 62 and older, or disabled) 401 Commonwealth Dr., Crystal Lake, IL 60014 (815) 459-4538

Residences of Crystal Lake (Ages 55+)

355 Station Dr, Crystal Lake, IL 60014 (815) 508-6690

The Villager Apartments (Ages 55+)

77 N. Williams Street, Crystal Lake, IL 60014 (815) 459-7788

HARVARD

Sunset Senior Apts. (Ages 62 and older, or

disabled) 710 W. Metzen Harvard, IL 60033 (815) 289-6227

Harvard Ranch Apts. for Seniors (Ages 62

and older) 820 W. Metzen, Harvard, IL 60033 (815) 943-6893

Northern Point Apts/Over the Rainbow

(Ages 62 and older, or disabled) 600 S. Howard Street, Harvard, IL 60033 (815) 229-1041

HEBRON

Hebron Meadows Apts (Ages 62 and older, or

disabled) 11906 McKinley Ave, Hebron, IL 60034 (262) 749-3033

HUNTLEY

GreenTrees (MCHA-owned)

(Ages 62 and older, or disabled) 11417 E. Main St. Huntley, IL 60142 (815) 338-7752

Huntley Horizon

12150 Regency Pkwy, Huntley, IL 60142 (847) 961-7699

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Parkview Apartments

11507 Douglas Ave, Huntley, IL 60142 (224) 760-0775

.....

JOHNSBURG

Berkshire Johnsburg (Ages 55+) 2117 W Church St, Johnsburg, IL 60051 (815) 324-4990

MARENGO

North Prairie Apts.

920 Briden Dr, Marengo, IL 60152 (815) 568-8691

MCHENRY

Hillcrest Apartments 1916 N. Orleans St, McHenry, IL 60050 (815) 363-5919

Pearl Street Commons (Veterans and Disabled) 3512 Pearl St, McHenry, 60050 (815) 242-1801

.....

Tower View Apartments (Veterans and

Disabled) 4012 W. Kane, McHenry, 60050 (815) 344-4799

RICHMOND

Creekview Apartments (For ages 55 and older) 5615 Liberty St, Richmond, IL 60071 (847) 849-5301

SilverTrees (MCHA-owned) Ages 62 and older or

disabled) 5901 Milwaukee Richmond, IL 60071 (815) 338-7752

LAKE IN THE HILLS

Residences of Lake in the Hills (For ages 55

and older) 2601 Village Hall Dr., Lake in the Hills, IL 60156 (847) 458-0050

Villas of Lake in the Hills

500 Autumn Ridge Rd., Lake in the Hills, IL 60156 (847) 458-0050

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WOODSTOCK

Mapletree Apts.

1965 Sheila St., #108, Woodstock, IL 60098 (815) 338-5151

Renaissance Apts. (MCHA-owned)

209 Dean St., Woodstock, IL 60098 (815) 338-7752

Walden Oaks Apts. (MCHA-owned) 1155 Walden Oaks Dr., Woodstock, IL 60098 (815) 338-7630

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