

DRUG FREE SCHOOLS

Drugs	Common Names	Possible Effects	Dangerous Health Risks
ALCOHOL			
Alcohol	Beer, liquor, wine, wine coolers	Depresses central nervous system, numbs judgment, feeling, coordination. Mood changes: excitement, anger, jealousy, depression, lowered sexual function.	Permanent brain tissue damage, heart and liver disease, stomach ulcers, mouth, stomach, throat cancer, addiction, blackouts...coma...death
CANNABIS			
Marijuana	Pot, grass, reefer, roach, Maui wowie, joint, weed, THC, Acapulco gold	Dilated pupils and red eyes, lack of motivation, short-term memory loss, disoriented behavior, increased appetite, reduced concentration.	Lung damage, cancer, psychosis, paranoia, addiction
Hashish	Hash		
DEPRESSANTS			
Barbiturates	Phenobarbital, Seconal, Nembutal, Tuinal, barbs, goofballs, downers	Depresses central nervous system, slowed heart rate and breathing, slurred speech, drowsiness, loss of coordination, confusion, disorientation. Taken in combination with alcohol—very dangerous.	Addiction, respiratory arrest...coma...death
Tranquilizers	Dalmane, Valium, Librium		
Methaqualone	Soapers, quads, ludes		
Others	Equanil, Miltown, Valmid, Placidyl		
HALLUCINOGENS			
Lysergic Acid	LSD, acid	Increased heart rate and blood pressure, dilated pupils, cold extremities, anxiety, panic, poor perception of time and distance, illusions and hallucinations.	Flashbacks, memory and speech problems, psychosis, bizarre behavior, violence, addiction...coma...death
Diethylamide	Microdot, Mickey Mouse		
Phencyclidine	PCP, angel dust, peace pill		
Others	Mescaline, MDA, DMT, STP, Psilocybin, mushrooms		
INHALANTS			
Inhalants	Gasoline, glue, rush, White Out. Aerosol products: vegetable spray, hair spray, deodorants, paint thinner	Slows all body functions, decreases breathing rate, decreases blood pressure. Lack of coordination, memory loss, nausea, dizziness, headache.	Erratic heart beat and pulse, damage to brain and central nervous system, suffocation, unconsciousness, sudden death, addiction
TOBACCO			
Nicotine	Cigarettes, chewing tobacco, cigars	Increased heart rate and blood pressure, nausea, diminished sense of taste, dizziness.	Addiction, lung cancer, tremors, convulsions, death
STIMULANTS			
Cocaine	Coke, flake, snow, crack	Dilated pupils, increased pulse rate and blood pressure, talkative, excited behavior, heart attack, sudden death, insomnia, loss of appetite.	Addiction, confusion, depression, suicidal urges, hallucinations, paranoia, convulsions, death
Amphetamines	Speed, whites, meth, Dexedrine, Biphphetamine, crystal meth		
Others	Caffeine, nicotine, Preludin, Ritalin		
NARCOTICS			
Opiates	Opium, Codeine, Methadone, Percodan, Vicodin, Oxycontin, Demerol	Blood pressure and respiration decreased, pinpoint pupils, overall analgesia. Taken in combination with alcohol, cocaine or depressants is very dangerous.	Addiction, respiratory arrest, cardiac arrest... death
Heroin	Horse, smack		
Morphine			